

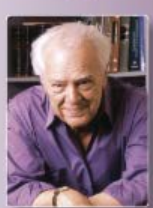


Follow Your Pathway to Success
with Upledger
CranioSacral Therapy

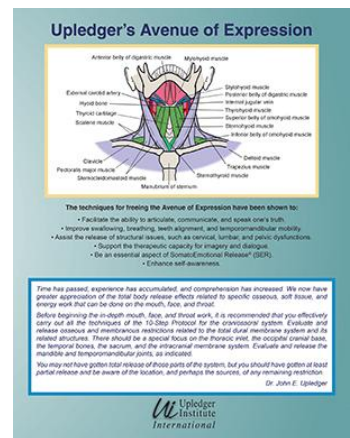




John E. Upledger, DO, OMM,
developer of CranioSacral Therapy

August 2018

You Asked For It!
Here It is!
Avenue of Expression
Trifold Reference Chart

A must-have reference chart for all manual therapists
- excellent client visual aid of the key anatomical structures of the Avenue of Expression (AOE).



Item Code: MC-AOE | \$24.95

Click Here to Order!

- Beautifully designed with full-color illustrations
- Thorough and explicit details
- Clear and concise review of CST techniques for the AOE.

Partnering for YOUR Success

Upledger Institute International has partnered with **London College of Osteopathy and Health Sciences** in **Ontario, Canada** to offer an online program called:

Upledger Health Science Essentials (UHSE)

Comprised of two courses, *Applied Anatomy and Physiology* (80 study hours) and *Pathology* (15 study hours), UHSE is a highly visible approach to gain insight into how structures and systems of the human organism function together in health and disease.

This program is an opportunity to refresh and update your skills. Or if you do not already have this training or you are located in an area that does not require a hands-on license to perform CST, this program will fulfill the educational requirement for Upledger CST and for Upledger CST Certification.

Click here for a program overview and enrollment

Please Share With Us!

Are you promoting and raising awareness about CST in your community? If you've had success or momentum with community outreach for CST, and more specifically with veterans in your area, please share with us. Email us atinfo@iahe.org.

Countdown to...
Beyond the Dura
April 24-27, 2019
Jupiter, Florida

Don't miss it! The International Upledger Beyond the Dura Exploration & Research Conference promises to be a reunion of CST practitioners and an expansion of thought processes and practical applications for CST.

We ask that you join us in advocating for CranioSacral Therapy. Even a small act can transform a ripple into a wave that can become a sea of change.

Raise awareness in your community!



Beyond the Dura 2019 Information & Registration

YouTube Update

Please enjoy the new videos and subscribe to the **Upledger Institute International YouTube Channel**. **Share with family and friends** so they can subscribe, too!



New Video!

CranioSacral Therapy and applications for Soft Palate, Hip Replacement, Range of Motion and Shoulder Pain, a patient success story from Donna Madden, LCTMB.

Help us enhance the YouTube channel! We would like students and staff to participate. If you have a video you would like to contribute, please submit it to: Brianna.Dickson@iahe.com

Client's Review of CST

Read a first-person account written by a client of CST who has seen various therapists, including Dr. John E. Upledger.

My first experience with CranioSacral Therapy was one of the most unusual experiences in my life.

[Click to read more!](#)

There's a U in Success!

Are You Ready for the Next Level?

Upledger Institute International is proud to provide quality education and training opportunities for you to excel in your career. In order to assist you in achieving your educational and career goals, we encourage you to follow our recommendations designed to help you prepare for the next level of study.

In return, we ask that you be self-responsible for taking the time to develop competency with CST techniques, anatomical knowledge, palpation acuity, and at the SomatoEmotional Release 1 (SER1) and above level, the facilitation of SER which incorporates imagery and dialogue. Class time alone is not sufficient for developing competency to progress in the curriculum. All students need to take time between classes to review, assimilate, and clinically apply what was taught before taking the next class.

Upledger Institute Clinic

Intensive Therapy Programs

September 5-9, 2018

IPG (Group Intensive) Program

November 11-17, 2018

Discover an Integrative Treatment Approach to Concussion and Traumatic Brain Injury

with The Dr. John E. Upledger Foundation and the Ricky Williams Foundation in conjunction with the Upledger Institute Clinic in Palm Beach Gardens, FL.

[Click for more information on the Intensives or to make a donation to help fund the research.](#)



UII and IHPC Partnership Update

We are proud to partner with the Integrative Health Policy Consortium (IHPC), which helps to forward awareness and legislative policies for integrative health. Please watch our Facebook pages and newsletters for

up-to-date IHPC details. Together we can continue to make Integrative Healthcare an option for all people!



Mentorship Has its Benefits

Becoming a skilled and magnificent practitioner of CranioSacral Therapy is about more than the techniques of CranioSacral Therapy. It is also about the art of doing the work. The IAHE Clinical mentorship program is designed to give you the support and the flexibility you need to help you improve your art and your practice of CranioSacral Therapy.

[Learn more about the mentorship program & how you can benefit.](#)

Articles of Interest

Allopathic and Complementary Healthcare - Let's Integrate Rather than Diminish

In Australia, an effort to label all alternative (traditional, complementary) medicine products as "based on pseudoscience" has failed.

This article is important to share, as many times complementary healthcare modalities are maligned by saying there is not enough science behind them. People who watch the news or read mainstream news have the impression that "scientific" medical research is remarkably valid and always progressing.

"It is simply no longer possible to believe much of the clinical research that is published, or to rely on the judgment of trusted physicians or authoritative medical guidelines. I take no pleasure in this conclusion, which I reached slowly and reluctantly over my two decades as an editor of The New England Journal of Medicine." (Dr. Marcia Angell, NY Review of Books, January 15, 2009, "Drug Companies & Doctors: A Story of Corruption")

Let's work together to create the healthiest healthcare system.

Additional articles...

Structural and functional features of central nervous system lymphatics

HHS Public Access

Hands On Research - The Science of Touch

Published in The Greater Good Magazine

Is neuroplasticity in the central nervous system the missing link to our understanding of chronic musculoskeletal disorders?

BMC Musculoskeletal Disorders

Research identifies presence of neuron-producing stem cells in meninges.

Multidisciplinary research, conceived by Dr. Francesco Bifari, Department of Medical Biotechnology and Translational Medicine, University of Milan, Italy and Dr. Ilaria Decimo, University of Verona, Italy

Evidence for brain glial activation in chronic pain patients

Published in Brain, A Journal of Neurology

The Effects of CST on Brain Function Quotient of Elderly with Long-term Care Insurance Service

Published in The Korea Academia-Industrial cooperation Society

[Click to search our entire article database!](#)

Recent Conferences



FSMTA

June 13-17, 2018 | Orlando, FL

Shelly Heisler, LMT; Vicki McCabe,

Project Specialist and Social Media Manager; Lorrie Harper, MSPT, CVPT, Barral Institute VM1 Teacher at FSMTA in Orlando.



2018 Concussion

Health Summit

July 27-29, 2018 | Dallas, TX

Jackie Halderman, Marketing and PR Director; Sally Fryer, PT, DPT Cert, CST-D and

Melinda Roland, MA, PT, LAc, OMD,

Dipl-Ac, CST-D presenters.

Congratulations & Appreciations

New Teacher Qualifications

- **Melinda Naye, CMT, CST-DSomatoEmotional Release 1 (SER1)**
- **Herbert M Carty, MT, CST-D Clinical Applications of CST, Clinical Applications of SER and Clinical Applications of ADV**

New CST-Certified Teaching Assistants

- **Kirsten Menk, CST-T- Bragg Creek, AB**
- **Deon Anderson, MT, CST-T - Providence, UT**
- **Emily Klik, LMT, CST-T - Evanston, IL**
- **Peter Deckinga, LMT, MSW, MDiv, CST-T - Austin, TX**
- **John McCann, LMT, CST-T - Holyoke, MA**
- **Frank Hester, CMT, CST-T - Apple Valley, CA**

Click here to view recent CST-T and CST-D Certifications!

UII Courses

Click a title below to view dates and locations.

[ShareCare® \(SCIN\)](#)

[Introduction to CST \(CSTI\)](#)

[Overview of CST \(CSTO\)](#)

[Applications of Upledger CST, Massage & Bodywork for Autism \(CSMB-A\)](#)

[Upledger's Beyond the Dura](#)

[Research Conference \(BTD19\)](#)

[CranioSacral Therapy 1 \(CS1\)](#)

[CranioSacral Therapy 2 \(CS2\)](#)

[SomatoEmotional Release 1 \(SER1\)](#)

[SomatoEmotional Release 2 \(SER2\)](#)

[Adv. CranioSacral Therapy 1-3 \(ADV1-ADV3\)](#)

[The Brain Speaks 1 \(TBS1\)](#)

[The Brain Speaks 2 \(TBS2\)](#)

[Sensory Integration for CranioSacral Therapists \(SICS\)](#)

[CST Techniques Certification Applicant Preparation \(CATP\)](#)

Featured Products

August Special

To honor Grief Awareness Day on August 30th, buy all 3 books and get \$5 off. Code is GRIEF.



Gee Bear and the Journey Through Sadness

by Lee Nugan, MA

Item Code - GBTJS

\$15.95

[Click to order](#)



The Song, The Transformational Power of Grief

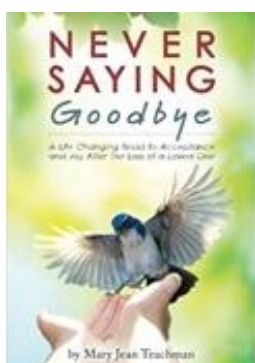
by Lee Nugan, MA

Item Code -

TSTPG

\$15.95

[Click to order](#)



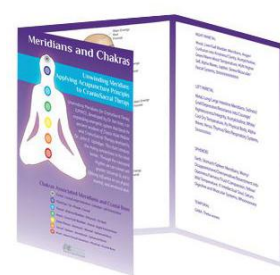
Never Saying Goodbye: A Life Changing Road to Acceptance & Joy After the Loss of a Loved One

by Mary Jean Teachman

Item Code - NSG

\$13.00

[Click to order](#)



Meridians and Chakras Trifold Reference Chart

Developed by Kenneth Koles, PhD, Lac, DSc, CST-D and Jonathan Gissel, MS, Lac, CST-T

Item Code - MC-MAC | \$24.95

[Click to order](#)



Concussion and Traumatic Brain Injuries Trifold Reference Chart

Item Code - MC-DCON | \$24.95

CranioSacral Dissection (CSD)

CranioSacral Touching the Brain 1; Stimulating Self-Correction through the Glial Interface (CTTB1)

CranioSacral Touching the Brain 2; Stimulating Self-Correction through the Glial Interface (CTTB2)

Unwinding Meridians 1-4: Applying Acupuncture Principles to CST (UMAC1-UMAC4)

Clinical Application of CST and SER (CASR)

Clinical Application of CST (CACS)

Clinical Application of Adv CST (CAAD)

Clinical Application for Conception, Pregnancy, and Birthing (CACP)

CranioSacral Applications to Conception, Pregnancy and Birthing 1 (CCPB1)

CranioSacral Applications to Conception, Pregnancy and Birthing 2 (CCPB2)

SomatoEmotional Release Technique: Mastering the Inner Physician (SERTIP)

CST & the Immune Response (CSIR)

CST & the Immune Response; Palpating and Treating the Thorax (CSIRTH)

CST & the Immune Response; Palpating and Treating the Pelvis (CSIRPE)

CST & the Immune Response; Palpating and Treating the Abdomen (CSIRAB)

CST & the Immune Response; Palpating & Treating the Extremities (CSIREX)

CST for Cranial Nerves 1 (CSCN1)

CST for Pediatrics 1 (CSP1)

CST for Pediatrics 2 (CSP2)

CranioSacral Presentation Tools (CSPT)

Developing and Deepening

CranioSacral Presence (DDCSP)

CST & Working with

Chronic Depletion (CSWCD)

CST for Longevity; Reversal of the Aging Process (CSLRAP)

CST for Longevity;

Applications to the Treatment of Alzheimer's and Dementia (CSLAD)

CST: Listening to the

[Click to order](#)

Second Brain - The Enteric

Nervous System (CLSB)

CST: EcoSomatics Equine 1-4

(ESE1-ESE4)

Clinical Applications of EcoSomatics Equine (CAESE)

CST: EcoSomatics Small Animals 1 (ESSA1)

BioAquatic Exploration -

CranioSacral Therapy (BAEC)

BioAquatic Exploration -

SER1 (BAES)

BioAquatic Exploration -

Shared Connections (BAER)

BioAquatic Adv Dolphins

Exploration (BADA)

BioAquatic Exploration - Advanced CranioSacral Therapy (BAEA)

BioAquatic Programs

for Patients (DATIP)

Save with Core-Pak!



Train and certify in CranioSacral Therapy for as little as **\$100.00 per month.**

Enjoy substantial savings. Begin classes immediately. **Click for more details!**

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your class photos! Include class title, location & date.

Become a Promotional Sponsor



Earn tuition credit when you become a promotional sponsor. The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, LB, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred who successfully completes an IAHE entry-level class.

To Register, please call 1-800-311-9204 or email ps@iahe.com.



The Upledger Alumni Association (UAA) is managed by the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. Did you know **Medallion Membership offers online video reviews of classes you have attended?**

AVMHC | BICADD | BTD15

CATP | CCPB1 | CS1-2 | CSD*

CSIR | CSIRPE | CSIRTH | CSIREX

CSP1-2 | DDCSP | LBUQ | LBLQ

LBTB | LDA1 | LDT1-3 | LT1-2 MALE | MASP | MAUE | NDVM1 NM1-5 | NVMTA | SCB1 | SER1-2

SICS | TBS1 | TBS2 | UGM UMAC1 | UMAC2 | UMAC3 | VAP VNAC | VM1-6 | VMAT

VVML | VVMU

**Contains only still photos*

For a complete description of benefits associated with Medallion status, visit **IAHP membership benefits.**