



Follow Your Pathway to Success

with Upledger CranioSacral Therapy

*Upledger
Institute
International*

**John E. Upledger, DO, OMM,
developer of CranioSacral Therapy**

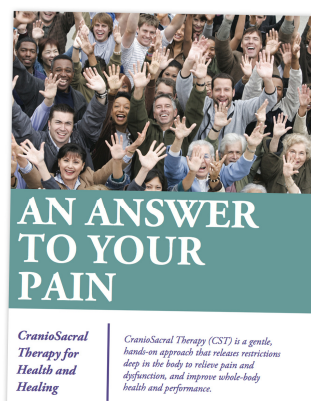
SEPTEMBER 2019

AN ANSWER TO YOUR PAIN: CST for Health and Healing

“Releasing Trauma from the Temporal Bone”

The following is an excerpt from
An Answer to Your Pain

Submitted by Lauren Davis, PhD, LMT, NCTMB
CST Practitioner since 1992



My phone rang around eleven o'clock in the morning on November 25, 1994. Anne, a thirty-four-year old acquaintance from massage school, sounded frantic and confused. Words poured from her mouth in a torrent...

[Continue reading](#)



CranioSacral Therapy for Infants with Special Circumstances (CSISC)

This **new** class encourages you to become precise with your palpation skills when working with the muscles and nerves involved in feeding.

CSISC 2020 Date!
March 20-22, 2020, Rochester, NY



Instructor and developer:

[Karyn Quraishy, MSPT, CST-D](#)

[Click here for more details including prerequisites, recommended reading, course highlights and more.](#)

Articles of Interest



Avadhan Larson, LMT, Lac, CST-D, a Ull instructor and ombudsman for the SER curriculum, and her work with CST and trauma is the focus of an article in *The Gazette (Colorado Springs)* entitled:

A way to heal trauma | Live Well

[Read the full article here.](#)

Respiratory influence on cerebrospinal fluid flow- a computational study based on long-term intracranial pressure measurements

Scientific Reports

This study explores the importance of respiratory versus cardiac pressure gradients for CSF flow within one of the main conduits of the brain, the cerebral aqueduct.

Infant Colic- What works: A Systematic Review of Interventions for Breast-Fed Infants

*US National Library of Medicine
National Institutes of Health*

Justin Roberts, LMT, CST-D, a Ull Teaching Assistant, contributed to an article in *Massage Magazine* entitled:



Advanced Massage Training Will Take Your Career to the Next Level — Just Ask These Massage Therapists

You can say that Justin Roberts's path to CranioSacral Therapy was destiny. He was drawn to the modality in massage school and immediately enrolled...

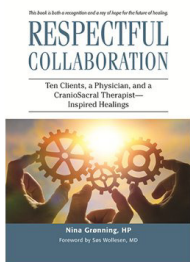
[Continue reading here](#)

Effect of Craniosacral Therapy in Treatment of Cervical Spondylosis

IndianJournals.com

CST is an effective treatment and can be used for treating patients with cervical spondylosis. CST has a therapeutic effect on reducing pain, improving cervical range of motion and improving overall cervical function amongst people with cervical spondylosis. The article credits Dr. John E. Upledger for the foundation of CST.

Featured Ull Products



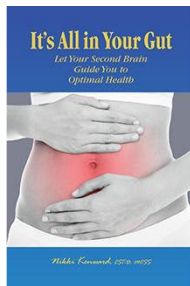
Respectful Collaboration

Ten Clients, a Physician, and a CranioSacral Therapist — Inspired Healings

Written by Nina Grønning, HP, the book gives a unique and concrete contribution to the collaboration and understanding between patients, physicians/general practitioners and manual therapists.

Item Code: RCOLL | \$19.95 USD

[Click to Order](#)



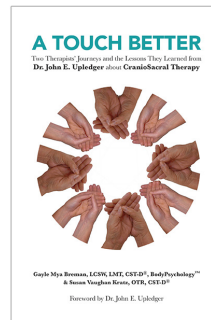
It's All in Your Gut Let Your Second Brain Guide You to Optimal Health

Written by Ull instructor, Nikki Kenward, CST-D, this book explores the intimate relationship between gut health and emotional health

and provides the reader with refreshing and inspiring insights into the extraordinary world of our gut.

Item Code: IAIYG | \$19.95 USD

[Click to Order](#)

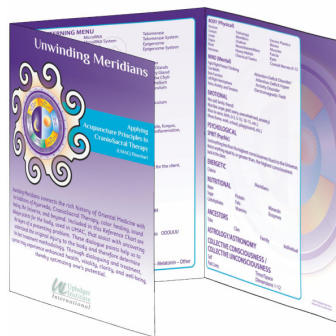


**Coming Soon!
Fall 2019!**

A Touch Better

Two Therapists' Journeys and the Lessons They Learned from Dr. John E. Upledger about CranioSacral Therapy
Item Code: ATB | \$26.95 USD

[Click to Pre-Order](#)

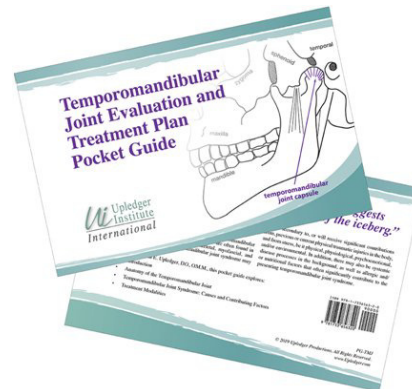


Unwinding Meridians Applying Acupuncture Principles to CranioSacral Therapy Flowchart Trifold Reference Chart

Includes "menus" or dialoguing as used in the UMAC seminars.

Item Code : MC-UMAC | \$24.95 USD

[Click to Order](#)



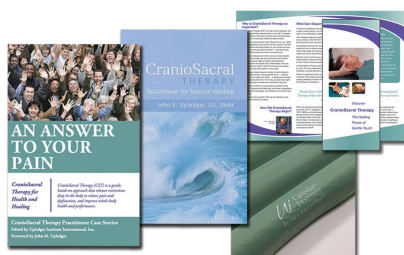
Temporomandibular Joint (TMJ) Evaluation and Treatment Plan Pocket Guide

This pocket guide is a comprehensive collection of anatomical drawings that illustrates the anatomy and physiology of TMJ and details causes of dysfunctions and the efficacy of various treatment modalities.

8.5" x 5.5"

Item Code: PG-TMJ | \$39.95 USD

[Click to Order](#)



Clinical Kit; CranioSacral Therapy

Includes: 100 Client Education Brochures (Discover CST), an Upledger air mattress (to be used with or without a massage table), and 2 books; *An Answer to Your Pain* and *CST: Touchstone for Natural Healing*.

Item Code: CK-CST | \$75.00 USD

[Click to Order](#)

A Review of Requirements for CS1

Prerequisite: Professional healthcare practitioner, student in healthcare program or graduate awaiting licensure/accreditation with experience in sensitive, light-touch palpation.

For those who wish to take CS1, and live in a state or province that does not require a healthcare hands-on license to practice CST, the following minimum study is required:

- 80 hours of Anatomy and Physiology and 15 hours of Pathology. One way to satisfy this requirement is through the home study coursework, Upledger Health Science Essentials, available through the London (Ontario) College of Osteopathy.
- 4 hours of ethics, from an accredited organization school that meets ethics credit requirements.

Upcoming Conferences and Conventions



Canadian Massage Conference 2019

September 27-29, 2019, Burlington, ON

- Kerry D'Ambrogio, DOM, AP, PT, MP-T
- *Featured Presenter*

AMTA 2019 National Convention

October 24-26, 2019, Indianapolis, IN

2019 AMTA Maine Chapter Fall Retreat & Training

November 1-3, 2019, Bar Harbor, ME

- Jack Ryan, LMT, CNMT
- *Lymphatic Balancing Introduction*

American Academy of Sports Physical Therapy Conference

Dec 5-7, 2019, Las Vegas, NV

AMTA Schools Summit

February 13-14, 2020, Hollywood, CA

AMTA- CT Conference

April 2-5, 2020, Bristol, CT

- Jack Ryan, LMT, CNMT
- *Lymphatic Balancing Introduction*

2020 AMTA- NY Annual Convention

May 1-3, 2020 Saratoga, NY

- Kerry D'Ambrogio, DOM, AP, PT, MP-T
- *Fascial Balancing: Lower Quadrant*

FSMTA

June 24-June 28, 2020 Orlando, FL

- *Speakers TBD*

World Massage Festival & Massage Therapy Hall of Fame

July 12-16, 2020, Michigan City, IN

- Mariann Sisco, PT, CST-D
- *CranioSacral Therapy for Concussion & Traumatic Brain Injuries*

Congratulations

Newly Certified Teaching Status

Liz Brinson, CMT, CST-D

Bethesda, MD

CranioSacral Therapy 1: Assessment of Central Nervous System and Fascia for Full Body Treatment Protocol

Nadia Felix PT, CST-D

Buenos Aires, Argentina

CranioSacral Therapy 2: Moving Beyond the Dura for Assessing the Acute and Chronic Conditions

Erin Riley PT, CST-D

Adelaide, Australia

Class Photos



Click here to view the most recent class photos!

SERTIP: SomatoEmotional Release Technique:
Mastering the Inner Physician

Stefano Dassie'

Tolmezzo, Italy

CranioSacral Therapy 1: Assessment of Central
Nervous System and Fascia for Full Body Treatment
Protocol

New Certifications

[Click here to view recent CST-T and CST-D
Certifications](#)

**Share your
class photos link**

*Include class title,
location, and date*



SAVE with Core-Pak!



Train and certify in CranioSacral Therapy
for as little as \$100.00 per month

**Enjoy substantial savings!
Begin classes immediately!**

[Click here to learn more](#)

**Upledger Institute
International Courses**

[Click here for full class listing of
all courses, dates and locations.](#)

Core Curriculum

**CranioSacral Therapy 1 (CS1): Assessment of
Central Nervous System and Fascia for Full Body
Treatment Protocol**

**CranioSacral Therapy 2 (CS2): Moving Beyond the
Dura for Assessing Acute and Chronic Conditions**

**SomatoEmotional Release 1 (SER1): Full Range of
CranioSacral Therapy Tools for Gentle Trauma
Resolution**

**SomatoEmotional Release 2 (SER2): Intention,
Inner Physician and Dialogue- Deepening Principles
and Practice of Upledger CranioSacral Therapy**

Advanced-CranioSacral-Therapy-1-3

Seminar TravelMate
Visit IAHP on Facebook



Connect with other workshop attendees to plan
rideshares and arrange roommate.

[Register Now](#)

The International Alliance of Healthcare Educators | 11211 Prosperity Farms, D325, Palm Beach
Gardens, FL 33410

[Unsubscribe dra.renee@terra.com.br](mailto:unsubscribe_dra.renee@terra.com.br)

[About Constant Contact](#)

Sent by upledger_barral_institute@iahe.com in collaboration with

Constant Contact

Try email marketing for free today!