

Working Wonders



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Upledger.com



Discover Upledger CranioSacral Therapy

April 2018

Upcoming Courses

REGISTER NOW

CranioSacral Therapy 1 (CS1)

AB	Edmonton	Sep 13 - 16, 2018
AZ	Phoenix	Jun 21 - 24, 2018
AR	Little Rock	Dec 06 - 09, 2018
BC	Vancouver	Jun 14 - 17, 2018
CA	Orange County	Nov 29 - 02, 2018
	Sacramento	Oct 11 - 14, 2018
	San Diego	Jun 21 - 24, 2018
	San Francisco	Sep 13 - 16, 2018
CT	Hartford	Sep 13 - 16, 2018
DC	Washington	Aug 16 - 19, 2018
FL	Fort Myers	Aug 09 - 12, 2018
	Orlando	Dec 13 - 16, 2018
	Palm Beach	May 17 - 20, 2018
	Tallahassee	Jul 12 - 15, 2018
	Tampa Bay	Jun 07 - 10, 2018
GA	Atlanta	Dec 13 - 16, 2018
HI	Honolulu	Sep 13 - 16, 2018
IL	Chicago	Jun 14 - 17, 2018
IN	Indianapolis	Aug 09 - 12, 2018
LA	New Orleans	Sep 06 - 09, 2018
MB	Winnipeg	Oct 11 - 14, 2018
MI	Ann Arbor	Jun 28 - 01, 2018
MN	Minneapolis	May 03 - 06, 2018
MO	Kansas City	May 31 - 03, 2018
	St. Louis	Jan 17 - 20, 2019
MT	Missoula	Oct 18 - 21, 2018
NE	Omaha	Aug 02 - 05, 2018
NB	Moncton	Sep 06 - 09, 2018
NH	Portsmouth	Sep 27 - 30, 2018
NM	Albuquerque	Sep 13 - 16, 2018
NY	Rochester	Dec 06 - 09, 2018
	White Plains	May 17 - 20, 2018
NC	Charlotte	Oct 25 - 28, 2018
	Raleigh	Jul 19 - 22, 2018
ND	Fargo	Jun 21 - 24, 2018
OH	Cincinnati	Sep 13 - 16, 2018
	Cleveland	Nov 01 - 04, 2018
	Columbus	May 31 - 03, 2018
ON	Ottawa	Sep 27 - 30, 2018
	Toronto	May 10 - 13, 2018
PA	Pittsburgh	Aug 23 - 26, 2018
TN	Nashville	Jul 26 - 29, 2018
TX	Austin	Aug 16 - 19, 2018
	Dallas/Ft Worth	Nov 08 - 11, 2018
WA	Seattle	May 31 - 03, 2018
WI	Milwaukee	Jul 12 - 15, 2018

CranioSacral Therapy 2 (CS2)

AK	Anchorage	May 03 - 06, 2018
AB	Calgary	Oct 18 - 21, 2018
AZ	Phoenix	Jun 21 - 24, 2018
BC	Vancouver	Jun 14 - 17, 2018
CA	Big Sur	Oct 21 - 26, 2018
	Orange County	Nov 15 - 18, 2018
	San Francisco	May 17 - 20, 2018
CO	Denver	Oct 25 - 28, 2018
FL	Palm Beach	Nov 08 - 11, 2018
IN	Indianapolis	Aug 09 - 12, 2018
MD	Baltimore	Sep 27 - 30, 2018
MI	Ann Arbor	Jun 28 - 01, 2018
	Detroit	Sep 06 - 09, 2018
MT	Bozeman	Aug 02 - 05, 2018
NY	White Plains	Jun 28 - 01, 2018
NC	Asheville	Aug 02 - 05, 2018
	Toronto	Jun 14 - 17, 2018
OR	Portland	Nov 08 - 11, 2018
QC	Montreal	Oct 11 - 14, 2018
TX	Houston	Aug 16 - 19, 2018
WI	Milwaukee	Jul 12 - 15, 2018

Developing and Deepening CranioSacral Presence (DDCSP)

AB	Calgary	Mar 21 - 24, 2019
CA	Big Sur	Mar 03 - 08, 2019
FL	Ft Myers	Feb 07 - 10, 2019
WA	Seattle	Oct 25 - 28, 2018

BioAquatic Exploration - CS1 (BAEC) Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

BAH Freeport Jul 18 - 21, 2018

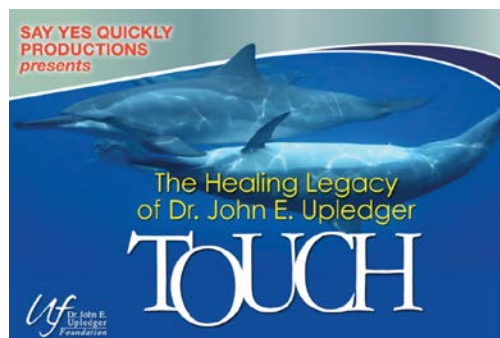
CranioSacral Dissection (CSD)

CA	Sacramento	Aug 17 - 19, 2018
OR	Lebanon	Nov 16 - 18, 2018

Sensory Integration for CranioSacral Therapists (SICS)

FL Palm Beach Sep 22 - 23, 2018

DOCUMENTARY NOW STREAMING!



In honor of **CranioSacral Therapy Awareness Month**, the Dr. John E. Upledger Foundation and *Say Yes Quickly Productions* launched the documentary, "TOUCH, The Healing Legacy of Dr. John E. Upledger." The film is streaming worldwide at Upledger.org/touch

Red Carpet News

On April 10th, 2018, special guests, therapists, instructors, and friends of the Dr. John E. Upledger Foundation attended a pre-launch viewing of TOUCH at the Upledger Institute Clinic in Palm Beach Gardens, FL. The event included a red carpet, popcorn and swag bags! All who attended were "touched" by TOUCH.

We encourage you to promote CST by promoting TOUCH.

- Host a TOUCH viewing party of your own with clients and friends.
- Play the documentary in your reception area.
- **Post this flyer** on social media and print it for your office, lobby, or reception area.



[Click here to view pictures from the TOUCH viewing party.](#)

AN ANSWER TO YOUR PAIN

CST for Health and Healing

"Dog Attack"

The following is an excerpt from

An Answer to Your Pain

Submitted by Kim Kee, LMT
CranioSacral Therapy Practitioner since 1995

Kim Kee is a doctor of psychology with vast experience working with athletes and trauma. She has made a tremendously positive impact within our community. She is also a recent client of mine following a brutal attack.



EcoSomatics Equine 1 (ESE1)

CO Denver Jun 27 - 30, 2018
MB Portage la Prairie Jun 14 - 17, 2018

EcoSomatics Equine 2 (ESE2)

CO Denver Oct 25 - 28, 2018
MB Portage la Prairie Sep 20 - 23, 2018
NC Winston-Salem May 30 - 02, 2018

EcoSomatics Equine 3 (ESE3)

CO Denver Jul 26 - 29, 2018

EcoSomatics Equine 4 (ESE4)

CO Denver Oct 03 - 06, 2018

EcoSomatics: Small Animals 1 (ESSA1)

CA Los Angeles Sep 06 - 09, 2018

EcoSomatics: Small Animals 2 (ESSA2)

CA Los Angeles Dec 06 - 09, 2018

Clinical Applications of EcoSomatics Equine (CAESE)

NC Winston-Salem Apr 30 - 03, 2018

REGISTER NOW



Click below for full class listing

UPLEDGER INSTITUTE
INTERNATIONAL, INC.

CRANIOSACRAL THERAPY

John E. Upledger, DO, OMM



Click below for full class listing

BARRAL INSTITUTE

VISCERAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

NEURAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)

NEW MANUAL ARTICULAR APPROACH

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)



Click below for full class listing

D'AMBROGIO INSTITUTE

TOTAL BODY BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

JOINT BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

MUSCLE BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

Click to read more.

SMILE WITH AMAZON

amazon smile



Support **CST research and the Dr. John E. Upledger Foundation** programs when you make purchases on **AmazonSmile**. **AmazonSmile** is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on **AmazonSmile**, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to different charities, including the Dr. John E. Upledger Foundation.

It's easy! All you have to do is visit **smile.amazon.com** by **clicking here** and type in "Upledger" where it says "pick your own charitable location," and start shopping!

MEET THE NEW MEMBER OF OUR CLINIC AFFILIATE PROGRAM



We are excited to announce our second Upledger Institute International Clinic Affiliate:

Sally Fryer Dietz, PT, DPT, CST-D
Integrative Pediatric & Concussion Therapy

Join us as we welcome Sally and her team at **Integrative Pediatric and Concussion Therapy** to our Clinic Affiliate Program.

The Clinic Affiliate program was created in answer to requests by Upledger-trained therapists to align their clinics with Upledger Institute International in a way that would distinguish their distinctive CST training and services. The resulting program offers the qualified clinics a full range of benefits that include authorization to identify themselves as a facility with Upledger Institute International, Affiliate designation for the practice of CranioSacral Therapy.

Integrative Pediatric and Concussion Therapy joins **Integrative Intentions** which was our very first Clinic Affiliate. Both affiliations represent their ongoing commitment to our united future.

For more information, please visit **Clinic Affiliate program**, or contact the Upledger Institute Clinic at 561-622-4706.

CS1 COMING TO THESE CITIES!

We are very excited to announce the addition of six new cities to the **CranioSacral Therapy 1 (CS1)** curriculum. From the list below, click on the

LYMPHATIC BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

FASCIAL BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP



Click below for full class listing

INTERNATIONAL
ALLIANCE OF HEALTHCARE
EDUCATORS

STECCO FASCIAL

MANIPULATION

Luigi Stecco, PT

Antonio Stecco, MD

ACADEMY OF

LYMPHATIC STUDIES

Joachim Zuther, PT, MT, CDTI

HEALING FROM THE CORE

Suzanne Scurlock-Durana, CMT, CST-D

THE FELDENKRAIS METHOD

Ann Harman, DO, LMT

NEUROMUSCULAR THERAPY

Judith (Walker) DeLany, LMT

SOUL LIGHTENING ACUPRESSURE

Aminah Raheem, PhD

QIGONG T'CHINGS

Cloé S. Couturier, LMT, CO, CST-D, MQM

ZERO BALANCING

Fritz Smith, MD

FASCIAL INTEGRATION

Bruce Schonfeld

Certified Advanced Rolfer, NCBTMB

BODY ALCHEMY

Rebecca M. Ridge,

Ph.D, TEP, LMT, CST-D

INTEGRATIVE INTENTIONS

Chas Perry, PhD, CST-D

MECHANICAL LINK

Paul Chauffour, DO, French Osteopath

REGISTER NOW



Mark Your Calendars for
Beyond the Dura 2019

city near you to register. For the full list of cities where you can find a CS1 class, [click here](#).

Fargo, ND	June 21-24, 2018
Omaha, NE	August 2-5, 2018
Honolulu, HI	September 13-16, 2018
Little Rock, AR	December 6-9, 2018
Rochester, NY	December 6-9, 2018
Jacksonville, FL	January 24-27, 2019

NEWS YOU CAN USE



We are proud and honored to be a "Partner for Health" with the *Integrative Health Policy Consortium (IHPC)*. **IHPC** is a unique professional federation of organizations focused on health creation - the proactive promotion of and focus on prevention, wellness, and well-being.

As the policy and advocacy voice of integrative health and wellness professionals, IHPC has achieved groundbreaking success toward the transformation of health and healthcare delivery, even as the prevailing paradigm of healthcare remains entrenched in a disease-based philosophy.

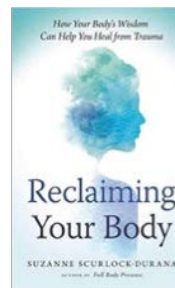
They do this by focusing on their mission to "**Eliminate barriers to health.**" IHPC works with all health professionals in respectful and supportive partnerships that address the needs of patients first.

IHPC's Partners for Health program is comprised of non-profit educational and advocacy organizations from across the complementary and integrative health and medicine spectrum, working together toward shared goals.

RECLAIMING YOUR BODY WINS AWARD!

Reclaiming Your Body: Healing from Trauma

and Awakening to Your Body's Wisdom by Suzanne Scurlock-Durana, CMT, CST-D has been chosen for a "Spirituality & Practice Book Award" as one of the **50 Best Spiritual Books of 2017**. The recipients of the awards were chosen from more than 300 books reviewed during the year.



[Click to Order](#)

Reclaiming Your Body empowers readers to reconnect with their body's inherent guidance system. The book explains how unresolved trauma becomes lodged in our bodies, blocking the ability of its communication system to share its wisdom and strategies.

CASE STORY

CST in the Role of Alleviating Symptoms Associated with PTSD

April Rex, DPT had been working through the VM and NM curriculum for years, and she became increasingly interested in CST following

Upledger *Beyond the Dura* 2019
 Shining Together Since 1985 April 24-27, 2019

Don't miss it! The International Upledger **Beyond the Dura** Research Conference promises to be a reunion of elite CranioSacral Therapy practitioners and an expansion of thought processes and practical applications for CST. Bring your ideas, your hands and your desire for exploring the future of healthcare.

The conference takes place in beautiful Jupiter, Florida.

[Click here for more information and to register!](#)

Announcements

New Teacher Certification
Massimiliano Lodola, DPT, CST- D
 of Castel San Giovanni, Italy has earned his teaching certification and will now be teaching CS2 in Italy.



New Sponsor

We are excited to announce that Serbia is now an Upledger International Sponsor.



Save with CORE-PAK!



Train and certify in CranioSacral Therapy for as little as

\$100.00 per month

Enjoy substantial savings

Begin classes immediately

Click for more details!

What's the Difference?

Between a Study Group and a Practice Group?

A **Practice Group** is led by someone who has taken courses and helps the community of therapists come together to practice on one another. They will organize the dates, times, meeting locations. They may have resources available like websites and Facebook pages, and contact information for local assistance.

A **Study Group** is led by someone qualified by the Institute and recommended by at least one instructor. The group leader will usually select a topic to review and practice, and will answer questions and correct hand positions, if needed.

[Click here to learn more!](#)

some recent evidence that it is effective when treating PTSD.

On January 1, 2017, her husband, a firefighter, responded to a triple fatal fire and helped to put the fire out. For the next 5 days, he performed body recovery, arson investigation, and cleanup. He had been on the job for nearly 17 years and while this was not the worst incident he experienced, it was definitely the one that broke him.

[Click to Read More.](#)

FEATURED PRODUCTS

April is CST Awareness Month and Autism Awareness Month!

Educate your clients all year long about the role CST plays in treating clients on the Autism Spectrum with these products:



Discover CST for Autism Spectrum Brochure

ITEM CODE: DCAU
 \$30.00 USD

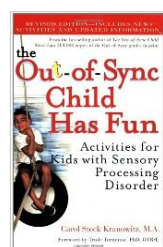
ORDER NOW



Coming Through the Fog

ITEM CODE: CTF
 \$16.95 USD

ORDER NOW

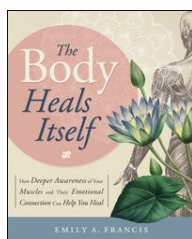


The Out-of-Sync Child Has Fun

ITEM CODE: OSCHF
 \$15.95 USD

ORDER NOW

More featured products...

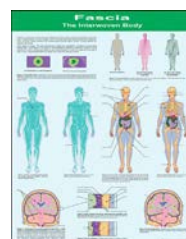


The Body Heals Itself

ITEM CODE: TBHI
 \$21.99 USD

CLICK HERE to see UII mentioned in the author's acknowledgments.

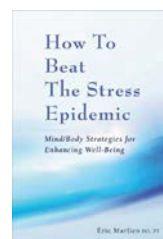
ORDER NOW



Fascia; The Interwoven Body Wall Chart

ITEM CODE: WC-FAS
 \$29.95 USD

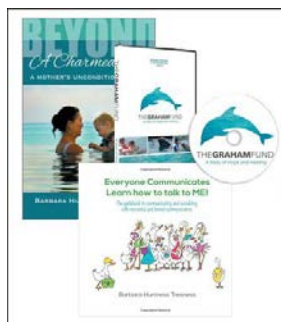
ORDER NOW



How to Beat the Stress Epidemic

ITEM CODE: HTBTSE
 \$19.95 USD

ORDER NOW



The Graham Fund 3-Part CST Set

ITEM CODE: D-SGF
 \$62.50 USD

ORDER NOW



Clinic Kit; CranioSacral Therapy

ITEM CODE: CK-CST
 \$75.00 USD

ORDER NOW

CONFERENCE NEWS

Upcoming Conferences/Speaking Engagements

[CLICK HERE](#)



CONGRATULATIONS

Upledger Institute International
CranioSacral Therapy
Certification Program

[Click Here to View
Newly Certified Therapists](#)

- CranioSacral Therapy Techniques
- CranioSacral Therapy Diplomate

We ♥ Hearing From You!



About CS1 with Melinda Naye in Vancouver, BC

Excellent! Well organized, easy to digest. I loved the analogies to common items with explaining the theory - it makes it easy to pass on explanations to clients.

- A. Astwood, MT

About CS2 with Fred Stahlman in Asheville, NC

CS2 has increased my knowledge base and tool box to further increase clientele and help current clients.

- R. Dean, LMBT

Review Article About CranioSacral Osteopathic Technique

Read the **Review Article** entitled *Compression of the Fourth Ventricle Using a Craniosacral Osteopathic Technique*:



A Systematic Review of the Clinical Evidence published by Evidence-Based Complementary and Alternative Medicine.

Evidence-Based Complementary and Alternative Medicine (eCAM) is an international peer-reviewed, Open Access journal that seeks to understand the sources and to encourage rigorous research in this new, yet ancient world of complementary and alternative medicine.

[Click to view our entire article database.](#)

Promotional Sponsor



Earn tuition credit when you become a promotional sponsor.

The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, LB, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred who successfully completes an IAHE entry-level class.

To Register to become a Promotional Sponsor, please call 1-800-311-9204 or email ps@iahe.com.

AMTA - CT

April 26-29, 2018 | Bristol, CT

- Jack Ryan, LMT
Total Body Balancing

MAC2 (Mid Atlantic Conference)

April 27-29, 2018 | Ocean City, MD

- Mariann Sisco, PT, CST-D
CST for Concussion & Traumatic Brain Injury

AMTA - NY

May 3-6, 2018 | Syracuse, NY

- Binaifer Bugli, PT, CST-D
CranioSacral Therapy Level 1: IAHE

FSMTA

June 13-17, 2018 | Orlando, FL

- Kerry D'Ambrogio, DOM, AP, PT, DO MPT
Muscle Balancing Neck and Shoulder Intro
- Lorrie Harper, MSPT, CVTP
Sports Injury with Visceral Manipulation
- Eric Moya, RMT, CST-D
CranioSacral Dissection: A Pathway to Understanding and Palpating
- Jack Ryan, LMT
Total Body Balancing Intro
- Anne Wister, LMT, CST-D
Upledger Aquatic Therapy Experience

2018 Concussion Health Summit

July 27-29, 2018 | Dallas, TX

- Sally Fryer, PT, DPT Cert, CST-D and
Melinda Roland, MA, PT, LAc, OMD, Dipl-Ac, CST-D
Pre-Summit Webinar & Presentation

World Massage Festival (WMF)

August 6-9, 2018 | Las Vegas, NV

- Hall of Fame Inductee Tami Goldstein, WLMT, CST

AMTA 2018 National Convention

August 9-11, 2018 | Washington DC

AMTA - WA

September 14-17, 2018 | Ocean Shores, WA

- Mariann Sisco, PT, CST-D
CST for Concussion and Traumatic Brain Injury

AMTA - CO

September 29-30, 2018 | Glenwood Springs, CO

- Lorilynn Dowiak, PT
VMINT (Visceral Manipulation Intro)

ACRM (American Conference on Rehabilitation Medicine)

September 30-3, 2018 | Dallas, TX

- Gail Wetzler, PT, DPT, EDO, BI-D
Integrative Medicine for TBI

La Leche League of S. CA/NV Network Conference

November 9-11, 2018 | Arcadia, CA

- Ellen Steinberg, RN, IBCLC, LCCE, CST
 - o Part 1: What is CranioSacral Therapy?
 - o Part 2: How CranioSacral can assist the breastfeeding parent

RECENT CLASS PHOTOS



CranioSacral Applications for Conception, Pregnancy and Birthing held on March 18, 2018 in Teresopolis,

Quick Links

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Brazil
with instructor Carol McLellan, CMT, CST-D.

Click here to view most recent class photo gallery.	Click to share YOUR class photos! Include class title, location & date.
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The Upledger Alumni Association (UAA) is managed by the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. Did you know

Medallion Membership offers online video reviews of classes you have attended?

Videos Now Available:					
BICADD	CSD*	LT1-2	NVMTA	UMAC 1	VVMI
BTD12	CSIR CSIRPE	MALE	SCB1	UMAC 3	VVMI
BTD15	CSP1-2	MASP	SER1-2	VAP	-----
CATP	LDA1	MAUE	SICS	VNAC	*Contai s
CCPB1	LDT1-3	NDVM 1	TBS1	VM1-6	only stil photos
CS1-2		NM1-5	UGM	VMAT	-----

For a complete listing and description of the benefits associated with Medallion status, please visit **IAHP membership benefits**.



Looking for a job? If you live in or near Newport Beach, California, Ketchikan, Alaska, or Gainesville, FL, check out these latest **job postings**.

SEMINAR TRAVELMATE

Visit IAHP on Facebook



Connect with workshop attendees for rideshares and roommate arrangements.



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