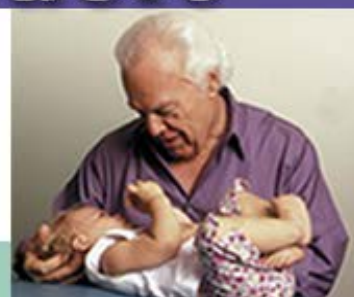


# Working Wonders

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Institute  
International

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August 2017

## Upcoming Courses

REGISTER NOW 

### CranioSacral Therapy 1 (CS1)

Austin, TX	Aug 10-13, 2017
Indianapolis, IN	Aug 10-13, 2017
Sarasota, FL	Aug 17-20, 2017
Pittsburgh, PA	Aug 24-27, 2017
New Jersey Shore, NJ	Sep 7-10, 2017
Albuquerque, NM	Sep 14-17, 2017
Cincinnati, OH	Sep 14-17, 2017
Edmonton, AB	Sep 14-17, 2017
Tucson, AZ	Sep 14-17, 2017
San Francisco, CA	Sep 15-18, 2017
Birmingham, AL	Sep 21-24, 2017
Hartford, CT	Sep 21-24, 2017
Ottawa, ON	Sep 21-24, 2017
Portsmouth, NH	Sep 28-1, 2017
Missoula, MN	Oct 5-8, 2017
Lansing, MI	Oct 12-15, 2017
Sacramento, CA	Oct 12-15, 2017
Fairfield, NJ	Oct 19-22, 2017
Winnipeg, MB	Oct 19-22, 2017
Charlotte, NC	Oct 26-29, 2017
Palm Beach, FL	Nov 2-5, 2017
Cleveland, OH	Nov 16-19, 2017
Dallas/Ft Worth, TX	Nov 16-19, 2017
Orange County, CA	Nov 16-19, 2017
Orlando, FL	Nov 30-3, 2017
Atlanta, GA	Dec 7-10, 2017
Fresno, CA	Dec 7-10, 2017
Ithaca, NY	Dec 14-17, 2017
Oklahoma City, OK	Jan 11-14, 2018
San Francisco, CA	Jan 11-14, 2018
Philadelphia, PA	Jan 18-21, 2018
Fairfield, NJ	Jan 25-28, 2018
Madison, WI	Jan 25-28, 2018

### CranioSacral Therapy 2 (CS2)

Austin, TX	Aug 10-13, 2017
Atlanta, GA	Aug 24-27, 2017
Maui, HI	Sep 21-24, 2017
Lansing, MI	Oct 12-15, 2017
Sacramento, CA	Oct 12-15, 2017
Portland, OR	Oct 19-22, 2017
Charlotte, NC	Oct 26-29, 2017
Denver, CO	Oct 26-29, 2017
Caguas, PR	Nov 9-12, 2017
Palm Beach, FL	
Dallas/Ft Worth, TX	Nov 9-12, 2017
Tampa Bay, FL	
Chicago, IL	
Sedona, AZ	Nov 16-19, 2017
	Dec 7-10, 2017
	Dec 14-17, 2017
	Jan 18-21, 2018

### Developing and Deepening CranioSacral Presence (DDCSP)

Boston, MA	Sep 7-10, 2017
San Francisco, CA	Nov 2-5, 2017
Washington, DC	Jan 25-28, 2018
Asheville, NC	Mar 22-25, 2018
Palm Beach, FL	Apr 5-8, 2018
Seattle, WA	Oct 25-28, 2018

### Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

Madison, WI	Oct 5, 2017
Grafton, WI	Dec 1, 2017

### CranioSacral Dissection (CSD)

Lebanon, OR	Nov 17-19, 2017
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### Sensory Integration for CranioSacral Therapists (SICS)

Palm Beach, FL	Aug 12-13, 2017
Palm Beach, FL	Sep 22-23, 2018

### Ecosomatics 1 (ESE1)

Indian River, ON	Sep 1-4, 2017
Portage La Prairie, MB	Sep 28-1, 2017
Selma, IN	Apr 19-22, 2018
Winston-Salem, NC	Apr 26-29, 2018

### Ecosomatics 2 (ESE2)

San Jose, CA	Dec 7-10, 2017
Portage La Prairie, MB	Jun 14-17, 2018
Selma, IN	Aug 9-12, 2018

## IN LOVING MEMORY

The Upledger family is mourning the loss of two remarkable men this year who will be forever loved and remembered for the impact they had on everyone they came across. Their imprint on the entire manual therapy world will continue to serve as inspiration and guidance to all of us for many years to come.

### *John Matthew Upledger*

1960 - 2017



*John Matthew Upledger*

As CEO of Upledger Institute International, The Barral Institute, D'Ambrogio Institute and the International Alliance of Healthcare Educators, he guided the company to the worldwide success and recognition it is known for today; it's notable 50 international affiliates and 125,000 alumni who reside in 110 countries.

He was personally committed to always maintaining a high standard of excellence in all of his business pursuits. A true visionary, John had the unique ability to transform ideas into successful programs that helped countless individuals throughout the world. He was looked up to and admired by all those he helped, as well as his entire team.

Above all else, John loved his family. Donna, his wife, and Miranda, their daughter, were always his priority. He will be remembered for his zest for life, unending generosity, loyalty and friendship and most of all for the love he showed to everyone around him.

The John Matthew Upledger Scholarship fund has been established to help memorialize his legacy and demonstrate his ongoing encouragement of learning and helping to make the world a healthier place.

### *John "JR" Olson*

1975 - 2017



*JR Olson*

As Director of Sales and Community Relations, "JR" was admired and loved by all. In his nearly 20 years with Upledger Institute International, The Barral Institute, D'Ambrogio Institute and the International Alliance of Healthcare Educators, he worked in almost every aspect of the company. For many years, he was the face of Upledger at many local, state and national conventions. He oversaw the Educational Services team and the scheduling of the more than 400 classes held annually. JR was admired and known for his compassion, integrity and sense of fun.

His love of life and his positive nature were the hallmarks of his character. JR loved his family and his many animals. His partner, Dany, and his Mom, Janice, along with his sister and brother were truly the loves of his life.

He lived life and loved with a zeal that will serve as his legacy for eternity.

## HOW CST HELPED SAVE MY BABY

First Published in  
Upledger Institute *E-News UpDate*

### Ecosomatics 3 (ESE3)

Truth or Conseq, NM Aug 24-27, 2017

### Ecosomatics 4 (ESE4)

Indian River, ON Sep 7-10, 2017  
Truth or Conseq, NM Oct 3-6, 2018

REGISTER NOW



[Click here for full class listing](#)

UPLEDGER INSTITUTE  
INTERNATIONAL, INC.

### CRANIOSACRAL THERAPY

John E. Upledger, DO, OMM



[Click here for full class listing](#)

BARRAL INSTITUTE

### VISCERAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

### NEURAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)

### NEW MANUAL ARTICULAR APPROACH

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)



[Click here for full class listing](#)

D'AMBROGIO INSTITUTE

### TOTAL BODY BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

### JOINT BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

### MUSCLE BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

### LYMPHATIC BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

### FASCIAL BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

October 17, 2006

Dear Upledger Institute,

I am the mom that submitted **this letter**. And since CST has continued to be a part of our life, I thought you'd enjoy an update.

*In 2005 we completed 13 sessions of CST in Portland Oregon. My son - who was 3 at the time, had significant improvement in his ability to tolerate life after each session. At the end of 2005, we moved from Oregon to Kansas City, KS. I had a hard time finding a certified CST pediatrician in our area. 6 weeks after our arrival, my 3 year old was asking to "get a message" (which is what we called CST). His behavior digressed, his sensory issues returned, and we started looking for help.*

READ MORE



## AN ANSWER TO YOUR PAIN:

### CST for Health and Healing

#### "Phineas"

The following is an excerpt from

*An Answer to Your Pain*

Submitted by Diane Ripper of Bellingham, WA  
CranioSacral Therapy Practitioner since 2010

Although Phineas was normal at birth, we knew that he was different by age three. All the doctors insisted, however, that he was fine and just didn't "want" to ride a bike. By the time he was four, he qualified for special education preschool for gross motor skills.

Phineas was labeled generally as "developmentally delayed" and also clearly had sensory processing disorder. He qualified for occupational therapy and speech therapy. Because processing new information was hard for him, he would change the conversation to something that he could lead. For example, if asked, "Where do you go to school?" he might respond, "I'm a Komodo dragon!"

READ MORE



## UPLEDGER CRANIOSACRAL DOLPHIN-ASSISTED THERAPY TAKES TO THE SKIES!

### Traveling on JetBlue or American Airlines this summer?

Be sure to watch the in-flight video that showcases the story of Graham, a young boy born with Cerebral Palsy and his inspiring journey into

the frontiers of  
Upledger  
CranioSacral  
Dolphin-  
Assisted  
Therapy.



**Graham and his mother Barb during a  
CST Dolphin Assisted Therapy session.**

In 2004, Graham and his Mother (Barb) were introduced to CST Dolphin Assisted therapy when they traveled to the Bahamas and Graham's life was profoundly changed.

**RIDE THE WAVE!  
PLEASE SHARE THIS STORY ON SOCIAL MEDIA**

## GET THE MOST FROM YOUR CLASSROOM EXPERIENCE?

### Faculty recommendations:

- Progressing from CS1 to CS2
  - Perform 75-100 10-Step Protocols
  - Practice palpating the craniosacral rhythm on clients, friends and yourself
  - Go to practice/**study groups**, if possible



[Click here for full class listing](#)

INTERNATIONAL ALLIANCE OF HEALTHCARE EDUCATORS

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**MANIPULATION**

Luigi Stecco, PT

Antonio Stecco, MD

**ACADEMY OF**

**LYMPHATIC STUDIES**

Joachim Zuther, PT, MT, CDTI

**HEALING FROM THE CORE**

Suzanne Scurlock-Durana, CMT, CST-D

**THE FELDENKRAIS METHOD**

Ann Harman, DO, LMT

**NEUROMUSCULAR THERAPY**

Judith (Walker) DeLany, LMT

**SOUL LIGHTENING ACUPRESSURE**

Aminah Raheem, PhD

**QIGONG T'CHINGS**

Cloé S. Couturier, LMT, CO, CST-D, MQM

**ZERO BALANCING**

Fritz Smith, MD

**FASCIAL INTEGRATION**

Bruce Schonfeld

Certified Advanced Rolfer, NCBTMB

**BODY ALCHEMY**

Rebecca M. Ridge,

Ph.D, TEP, LMT, CST-D

**INTEGRATIVE INTENTIONS**

Chas Perry, PhD, CST-D

**MECHANICAL LINK**

Paul Chauffour, DO, French Osteopath



**Save with CORE-PAK!**



Train and certify in  
CranioSacral Therapy  
for as little as

o Receive CST treatment.

- Read Chapters 7-15 of *CranioSacral Therapy* by John E. Upledger, DO, OMM
- Read Chapter 3 of *CranioSacral Therapy II: Beyond the Dura* by John E. Upledger, DO, OMM

**CREATE YOUR OWN VIDEO**

Winner Announced!



[Click to watch Marieka's winning video!](#)

**Congratulations Marieka Zimmerman** - the winner of the "Create your Video Contest" held in April for CranioSacral Therapy Awareness Month. Marika received a \$200 class voucher for her winning video.



**PROMOTIONAL SPONSOR**

**Did you know that by joining our Referral Reward program, you can earn tuition credit?**

The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, LB, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred who completes an IAHE entry level class.

Students referred must successfully complete their classes.

To Register to become a Promotional Sponsor, please call 1-800-311-9204 or email [ps@iahe.com](mailto:ps@iahe.com).



The Upledger Alumni Association (UAA) is managed by

the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. **Newly added benefit of Medallion Membership - Online video reviews of classes you have attended!**

Videos Now Available:					
BICAD D	CS1-2	LDT1-3	NM1-5	TBS1	VAP
BTD12	CSIR CSIRP E	LT1-2	NVMT A	VNAC	VM1-6
BTD15	CSP1-2	MALE	SCB1	UGM	VMAT
CATP	LDA1	MASP	SER1-2	UMAC 1	VVML
CCPB1		MAU E	SICS	UMAC 3	VVM U

**\$100.00 per month**

*Enjoy substantial savings*

*Begin classes immediately*

*Click for more details!*

## Upledger Study Groups and Practice Groups

### Enjoy the Benefits...

Study Groups create wonderful opportunities to practice the skills you have already learned and further your understanding of your chosen modality by sharing experiences and asking questions of other like-minded practitioners.



**Study Groups** include hands-on practice, techniques review and time available to have your questions answered. Study Groups are led by Instructors, Teaching Assistants, or Certified Therapists.


**Practice Groups** are more informal, and allow for students to practice in order to prepare for further study.

To learn more about adult learning and why Study Groups are so important, please [click here](#).

To locate a study group in your area, [click here](#).

To become a Study Group Leader or Practice Group Organizer, email Kristen Bloom at [atkristen.bloom@iahe.com](mailto:atkristen.bloom@iahe.com)

**CLICK HERE**



**CONGRATULATIONS**  
Upledger Institute International  
CranioSacral Therapy  
Certification Program

Click Here to View  
Newly Certified Therapists

- CranioSacral Therapy Techniques
- CranioSacral Therapy Diplomate



Enjoy Discounted Prices on Many Items

**ONLY WHILE SUPPLIES LAST!**

**We ♥ Hearing From You!**

For a complete listing and description of the benefits associated with Medallion status, please visit **IAHP membership benefits**.

## ANNOUNCEMENTS

### Congratulations to Our Teachers

- **Orsolya Gabriel, CST-D, PT, NP** - Biatorbagy, Hungary

SomatoEmotional Release 1

- **Karin van Deelen, Fysiotherapeut, CST-D**  
Velp, Netherlands

CranioSacral Therapy 1 (CS1)

- **Kimberly Painter, PT, LMT, CST-D**  
College Station, TX

CranioSacral Therapy 1 (CS1)

## FEATURED PRODUCTS

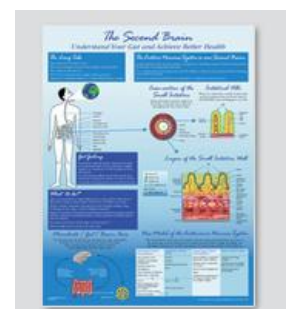


*The Tummy Tracker Journal*

ITEM CODE: J-TTJ \* \$14.95

*(Quantity discount pricing available)*

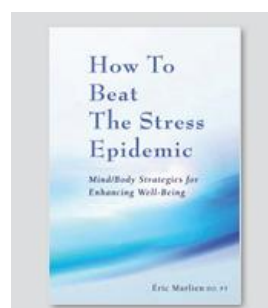
[CLICK TO ORDER](#)



*The Second Brain*

*Wall Chart*

ITEM CODE: WC-SBUYG \$29.95  
[CLICK TO ORDER](#)



*How To Beat the Stress Epidemic: Mind/Body Strategies for Enhancing Well-Being*

ITEM CODE: HTBTSE \* \$19.95

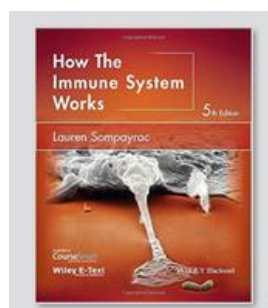
[CLICK TO ORDER](#)



*Unwinding the Meridians in the Eyes - Trifold Reference Chart*

ITEM CODE: MC-UME \* \$16.00

[CLICK TO ORDER](#)



*How the Immune System Works*

ITEM CODE: HTISW \* \$45.99

[CLICK TO ORDER](#)



*The Graham Fund; A Story of Hope and Healing DVD*

ITEM CODE: D-GF \* \$30.00

[CLICK TO ORDER](#)



*CST Clinic Kit*

Includes UI Air Mat, *An Answer to Your Pain* (Book), *CST Touchstone for Natural Healing* (Book) and Discover CST Brochures (100 Pak)



*The Graham Fund; 3-Part CranioSacral Set*

Includes *The Graham Fund* (DVD), *Beyond A Charmed Life* (Book) and *Everyone Communicates* (Book)



### About CS1 with Carol McClellan in Salt Lake City

So glad my path has led me here now - can't wait to use it. I can't believe I learned all 10 steps in such a short time - great to be able to take this in its entirety with me. Good balance between lecture and hands-on.

- J. Schlecten, OT

### About CS2 with Fred Stahlman in Palm Beach

I always enjoy taking classes at The Upledger Institute. Skilled, sharp and experienced instructors and a lovely place for learning. Coming here is a highlight for me.

- T. Cerovsek, LMT

### Related Research

- **Why is Self-Care Important?** by Tanya Drayton, LMT, CST



Click to view our entire article database.

### Recent Class Photos



### CS2 in Bucharest, Romania with Instructor Tad Wanveer

Click here to view most recent class photo gallery.



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Include class title, location & date.

### Employment



Postings:

We are doing our part to help therapists find great positions while helping employers build successful companies.

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### Seminar Travelmate



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workshop attendees for rideshares and roommate arrangements.

ITEM CODE: CK-CST \* \$75.00    ITEM CODE: D-SGF \* \$62.50

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## CONFERENCE NEWS

### Last Month at FSMTA

This year's Executive President, Joyce Prahasky, gave her President's Award posthumously to John M. Upledger and John "JR" Olson. The award is given to individuals that have displayed exemplary service and dedication to FSMTA throughout the year. In her presentation of the award, Joyce said, "John M. Upledger and John "JR" Olson received this award for their long time dedication, generosity, and loyalty to the FSMTA and the massage profession. They have been an integral fiber of our Annual Convention for many years and for that we are truly grateful. They will both be dearly missed."



From left to right - Lloyd S. List, FSMTA-2nd VP;

Jackie Halderman, Upledger-Director of Marketing; Alex Jozefyk, Upledger-Chief Financial Officer; Joyce Prahasky, FSMTA-Executive President and Kathy Woll, Upledger-Chief Operating Officer

## Upcoming Conferences and Speaking Engagements

### AMTA Palm Beach Chapter - FL

August 19-20, 2017 | Palm Beach Gardens, FL

- Introduction to Total Body Balancing - Jack Ryan, LMT

### AMTA National 2017

September 14-16, 2017 | Pasadena, CA

### AMTA - New Hampshire

October 1, 2017 | Concord, NH

- Introduction to Lymphatic Balancing - Jack Ryan, LMT

### AMTA - Rhode Island

October 27-29, 2017 | Warwick, RI

- CranioSacral Therapy: The Role in Treating Low Back Dysfunctions - Mariann Sisco, PT, CST-D

### APPPAH

November 30-December 3, 2017 | San Diego, CA

- Carol McLellan, CMT, CST-D, CD
- Karyn Quraishy, MSPT, CST-D
- Ellen Steinberg, RN, IBCLC, LCCE, CST

### Total Body Balancing (TBB) - Seminars at Sea




### SAIL Royal Caribbean's Allure of the Seas

January 12-28, 2018 | Departs from Ft. Lauderdale, FL

- Total Body Balancing - Kerry D'Ambrogio, DOM, AP, PT, DOMPT

### Canadian Complimentary Osteopathic Symposium

April 14-15, 2018 | Markham, ON

  
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- Osteopathy: a Naturopathic Healing System  
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

### FSMTA

June 13-17, 2018 | Orlando, FL

### World Massage Festival

August 6-9, 2018 | Las Vegas, NV

### AMTA-New Hampshire

April 6-8, 2018

- Lymphatic Balancing Total Body (LBTB)  
Jack Ryan, LMT



11211 Prosperity Farms Road, D-325, Palm Beach Gardens, FL 33410