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Discover Upledger CranioSacral Therapy

January 2017

Upcoming Courses

REGISTER NOW



CranioSacral Therapy 1 (CS1)

Dayton, OH	Feb 2-5, 2017
Los Angeles, CA	Feb 2-5, 2017
Albany, NY	Feb 9-12, 2017
Denver, CO	Feb 16-19, 2017
Baltimore, MD	Feb 23-26, 2017
Bozeman, MT	Feb 25-28, 2017
Detroit, MI	Mar 9-12, 2017
Houston, TX	Mar 9-12, 2017
Maui, HI	Mar 9-12, 2017
Portland, ME	Mar 9-12, 2017
Salt Lake City, UT	Mar 16-19, 2017
Asheville, NC	Mar 23-26, 2017
Calgary, AB	Mar 23-26, 2017
Halifax, NS	Mar 30-2, 2017
Boston, MA	Apr 6-9, 2017
Louisville, KY	Apr 6-9, 2017
Palm Beach, FL	Apr 20-23, 2017
Portland, OR	May 4-7, 2017
Anchorage, AK	May 11-14, 2017
Las Vegas, NV	May 11-14, 2017
Minneapolis, MN	May 11-14, 2017
New York, NY	May 11-14, 2017
Toronto, ON	May 11-14, 2017
Seattle, WA	May 13-16, 2017
Columbus, OH	May 18-21, 2017
Vancouver, BC	May 25-28, 2017
Big Sur, CA	May 28-2, 2017
Chicago, IL	Jun 1-4, 2017
Kansas City, MO	Jun 8-11, 2017
Tampa Bay, FL	Jun 8-11, 2017
Phoenix, AZ	Jun 22-25, 2017
Milwaukee, WI	Jul 13-16, 2017
Tallahassee, FL	Jul 13-16, 2017
Washington, DC	Jul 13-16, 2017
Nashville, TN	Jul 20-23, 2017
San Diego, CA	Jul 27-30, 2017
Indianapolis, IN	Aug 10-13, 2017
Austin, TX	Aug 10-13, 2017
Sarasota, FL	Aug 17-20, 2017
Pittsburgh, PA	Aug 24-27, 2017

CranioSacral Therapy 2 (CS2)

Los Angeles, CA	Feb 2-5, 2017
Salt Lake City, UT	Mar 16-19, 2017
Fairfield, NJ	Apr 20-23, 2017
San Francisco, CA	May 4-7, 2017
New York, NY	May 11-14, 2017
Toronto, ON	May 11-14, 2017
Columbus, OH	May 18-21, 2017
Edmonton, AB	May 18-21, 2017
Orlando, FL	May 18-21, 2017
Seattle, WA	May 18-21, 2017
Kansas City, MO	Jun 8-11, 2017
Philadelphia, PA	Jun 8-11, 2017
Minneapolis, MN	Aug 3-6, 2017
Austin, TX	Aug 10-13, 2017
Atlanta, GA	Aug 24-27, 2017
Maui, HI	Sep 21-24, 2017
Sacramento, CA	Oct 12-15, 2017
Lansing, MI	Oct 12-15, 2017
Portland, OR	Oct 19-22, 2017
Denver, CO	Oct 26-29, 2017
Charlotte, NC	Oct 26-29, 2017
Big Sur, CA	Nov 5-10, 2017
Palm Beach, FL	Nov 9-12, 2017
Dallas/Ft Worth, TX	Nov 16-19, 2017
Tampa Bay, FL	Dec 7-10, 2017

Developing and Deepening

CranioSacral Presence (DDCSP)

Toronto, ON	Mar 23-26, 2017
Minneapolis, MN	May 11-14, 2017
Boston, MA	Sep 7-10, 2017
San Francisco, CA	Nov 2-5, 2017

Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

Please call for dates and locations.

CranioSacral Dissection (CSD)

Please call for dates and locations.

Sensory Integration for CranioSacral Therapists (SICS)

Seattle, WA	Feb 10-11, 2017
Palm Beach, FL	Aug 12-13, 2017

Ecosomatics 1 (ESE1)

Winston-Salem, NC	May 20-23, 2017
College Station, TX	Jun 1-4, 2017
Sacramento, CA	Jun 24-27, 2017

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UPLEDGER INSTITUTE
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CRANIOSACRAL THERAPY
John E. Upledger, DO, OMM

BECKI'S STORY

Excerpt from
An Answer To Your Pain:
CranioSacral Therapy for Health and Healing

Submitted by Mark Richardson, LMT
Cross Plains, Wisconsin

CranioSacral Therapy Practitioner since 2012

I was sitting in kinesiology class in January of 2011 when I noticed one of my classmates starting to nod off. I was initially amused but soon realized she was really in trouble. I got up just in time to help ease her to the floor as she collapsed and passed out. She recovered quickly, but this was to be a pivotal moment in her life.

We were both massage therapy students eager to graduate and get our licenses toward a new career. After her episode, Becki was forced to drop out for the quarter. Things looked very dim for her. She was told she would never be able to be a massage therapist and should change her career plans.

READ MORE



RICKY WILLIAMS, NFL SUPERSTAR AND CELEBRITY APPRENTICE CONTESTANT Emcees the Dr. John E. Upledger Foundation Viewing Party

Ricky Williams, former Miami Dolphins running back, and contestant on this season of NBC's *The New Celebrity Apprentice* competed to raise funds and awareness for the Foundation's Concussion program. Ricky was his team's Project leader on Monday night (Jan 16th) and worked vigorously to advocate and raise money for the treatment of post concussion syndrome.

While in Florida, Ricky conducted a round of media interviews on behalf of Upledger CranioSacral Therapy treatment for post concussion syndrome. [Listen to his interview](#) broadcast on ESPN 106.3FM or [watch his interview](#) with the NBC affiliate in West Palm Beach.

Unfortunately, Ricky's project was not the winning project but that hasn't ended his quest to raise money and awareness for the Concussion Fund. Please consider clicking on this button to show appreciation for Ricky's loyalty to our work. All donations to the Concussion fund will help continue the Concussion programs, research and education. Any donation is greatly appreciated and is tax deductible.

CONCUSSION
FUND
DONATE NOW!

Please click the button to
make a donation to the Dr.
John E. Upledger
Foundation



Ricky Williams, NFL SuperStar/Celebrity Apprentice Contestant with Mary Jean Teachman, JEUF Board Member and John Matthew Upledger, CEO, Upledger Institute International

[Click here to view photos of the Celebrity Apprentice Viewing Party with Ricky Williams](#)



Click here for full class listing

**BARRAL INSTITUTE
VISCERAL MANIPULATION**

Jean-Pierre Barral, DO, MRO(F), PT

NEURAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT
Alain Croibier, DO, MRO(F)

**NEW MANUAL
ARTICULAR APPROACH**

Jean-Pierre Barral, DO, MRO(F), PT
Alain Croibier, DO, MRO(F)



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D'AMBROGIO INSTITUTE

TOTAL BODY BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

JOINT BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

MUSCLE BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

LYMPHATIC BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

FASCIAL BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP



Click here for full class listing

**INTERNATIONAL
ALLIANCE OF HEALTHCARE
EDUCATORS**

**STECCO FASCIAL
MANIPULATION**

Luigi Stecco, PT
Antonio Stecco, MD

**ACADEMY OF
LYMPHATIC STUDIES**

Joachim Zuther, PT, MT, CDTI

HEALING FROM THE CORE

Suzanne Scurlock-Durana, CMT, CST-D

THE FELDENKRAIS METHOD

Ann Harman, DO, LMT

NEUROMUSCULAR THERAPY

Judith (Walker) DeLany, LMT

**SOUL LIGHTENING
ACUPRESSURE**

Aminah Raheem, PhD

QIGONG T'CHINGS

Cloé S. Couturier, LMT, CO, CST-D, MQM

ZERO BALANCING

Fritz Smith, MD

FASCIAL INTEGRATION

Bruce Schonfeld
Certified Advanced Rolfer, NCBTMB

BODY ALCHEMY

Rebecca M. Ridge,
Ph.D, TEP, LMT, CST-D

INTEGRATIVE INTENTIONS

Chas Perry, PhD, CST-D

MECHANICAL LINK

Paul Chauffour, DO, French Osteopath

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CranioSacral Therapy
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Begin classes immediately

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CST AT TED^x WILMINGTON

With Michael Morgan, LMT, CST-D

Two Deaths, One Disease



Click image to view this YouTube video

**WANT TO GET THE MOST
FROM YOUR CLASSROOM
EXPERIENCE?**

Faculty recommendations:

- Progressing from CS1 to CS2
 - Perform 75-100 10-Step Protocols
 - Practice palpating the craniosacral rhythm on clients, friends and themselves
 - Go to practice/**study groups**, if possible
 - Receive CST treatment.
- Read Chapters 7-15 of *CranioSacral Therapy* by John E. Upledger, DO, OMM
- Read Chapter 3 of *CranioSacral Therapy II: Beyond the Dura* by John E. Upledger, DO, OMM

**UPLEDGER STUDY GROUPS
AND PRACTICE GROUPS**

Enjoy the Benefits...

Study Groups create wonderful opportunities to practice the skills you have already learned and further your understanding of your chosen modality by sharing experiences and asking questions of other like-minded practitioners.



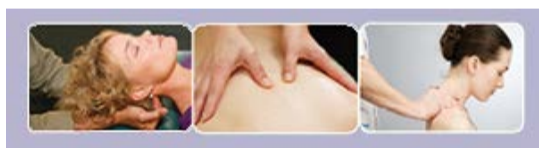
Study Groups include hands-on practice, techniques review and time available to have your questions answered. Study Groups are led by Instructors, Teaching Assistants, or Certified Therapists.

Practice Groups are more informal, and allow for students to practice in order to prepare for further study.

To learn more about adult learning and why Study Groups are so important, please [click here](#).

To locate a study group in your area, [click here](#).

To become a Study Group Leader or Practice Group Organizer, email Kristen Bloom at kristen.bloom@iahe.com



PROMOTIONAL SPONSOR

Did you know that by joining our Referral Reward program, you can earn tuition credit?

The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, LB, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred that completes an IAHE entry level class.

Students referred must successfully complete their classes.

To Register to become a Promotional Sponsor, please call 1-800-311-9204 or email ps@iahe.com



The Upledger Alumni Association (UAA) is managed by the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for

WE ♥ HEARING FROM YOU!



About CS1 with Mable Sharp in Kansas City, MO

CS1 is a very high level course with excellent information presented very well. I have had several courses that addressed this topic but this was clearly "the real thing". I am leaving with a much stronger understanding of the "why" and "where" and cannot wait to return to the clinic and use my skills with more confidence and finesse.

- Q. Fountain, OTR/L

About CS2 with Tad Wanveer in Hartford, CT

This course is a wonderful marriage of evidence-based science & holistic energy medicine. It treats the whole person, and honors the whole body.

- L. Richardson, PTA

Featured Products



An Answer to Your Pain

A compendium of case stories written by practitioners to share the power and possibilities of CST. Case stories serve as a testament that CST may be an answer to your pain.

\$17.95 USD
Item Code: AATP



BOOK SET:

The Song: A book that goes beyond theorizing about grief. It deals with steps that help to support someone after a loved one has died.

The Song: The Transformation Power of Grief & Gee Bear and Journey Through Sadness
Set Price
\$27.00 USD
Item Code:
TSTPG/GBJTS

Gee Bear: A simple and powerful story that shows young children that they will find joy again, even though someone they love has died as well as providing guidance through the years that follow.



Discover CST for Cancer Support

Sold in packs of 100, this helpful brochure explains the value of CST for Cancer Support Treatment in terms your clients can understand.

\$30.00 USD
Item Code:
DCANS



Discover CST for Post-Traumatic Stress Disorder

Sold in packs of 100, this helpful brochure explains the value of CST for PTSD in terms your clients can understand.

\$30.00 USD
Item Code: DPTSD

Employment



Postings:

We are doing our part to help therapists find great positions while helping employers build successful companies.

[Click here to view opportunities.](#)

Upcoming Therapy Programs

The Magic of Multiple Hands

- February 6-10, 2017 Upledger Institute Clinic, FL
- May 9-13, 2017 Truth or Consequences, NM

membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. **Newly added benefit of Medallion Membership - Online video reviews of class you attend!**

Videos Now Available:

CCPB1	LDT1-3	NVMTA	VNAC	VVML
CS1-2	LT1-2	SCB1	UMAC1	VVMU
CSIR	MALE	SER1-2	VAP	
CSP1-2	MASP	SICS	VM1-6	
LDA1	NM1-4	TBS1	VMAT	

For a complete listing and description of the benefits associated with Medallion status, please visit **[IAHP membership benefits.](#)**



ANNOUNCEMENTS

Congratulations to Our Teachers

- Karen Axelrod, MA, CMT, CST-D** - Redondo Beach, CA
CranioSacral Therapy and the Immune Response (CSIR)
- Mihaela Gugu, CST-D** - Bucharest, Romania
CranioSacral Therapy 1 (CS1)
- Eric Moya, RMT, CST-D** - Carmel, CA
CranioSacral Dissection (CSD)
- Patricia Quirini, CST-D** - Roma, Italy
Adv. 1 CranioSacral Therapy (ADV1)
- Karyn Quraishy, MSPT, CST-D** - Rancho Sante Fe, CA
CranioSacral Therapy 1 and Sensory Integration for CranioSacral Therapists (CSI and SICS)
- Erin Riley, PT, CST-D** - Adelaide, Australia
CranioSacral Therapy 2 (CS2)

Satellite News

UI-UK Rhythm and Resonance Conference - September 2015

The UIUK conference was excellent, with rave reviews from the attendees. John Matthew Upledger, Eric Moya, and Susie Steiner were among the presenters at the conference and received standing ovations.

Thomas Rasmussen from Denmark also presented at the conference. He shared an update on the research he presented at Beyond The Dura 2015, and he reported he is close to being able to publish. Along with a team, he has developed a machine and software that measures the craniosacral rhythm, and shows the before and after changes from CST treatment. Dr. Upledger did his research in the 70's with his team, and from that developed CST (and coined the name CranioSacral Therapy). And now 30 years later with new technology, Thomas continues with more research in support CST.

UII Institutes in Denmark, Finland, Norway and Sweden

As of December 1, 2016, the Upledger Institute affiliate in Denmark, Finland, Norway and Sweden changed. We appreciate all the work and dedication Gusti Axelsson has given to the Upledger and Barral Institutes over the years and wish him well in his future projects.

The new Upledger Institute affiliates are:

UI Denmark - Thomas Rasmussen, PhD, MSC, CST

post@manuel-medicin.dk
Office Phone: 453.025.5544

UI Finland - Katja Puolakka, MT, CST

katja.puolakka@cst-klinikka.fi
Office Phone: 35.8400.636.336

Plans for Norway and Sweden are currently underway.

CLICK HERE



CONGRATULATIONS

Upledger Institute International
CranioSacral Therapy
Certification Program

[Click Here to View Newly Certified Therapists](#)
• CranioSacral Therapy Techniques
• CranioSacral Therapy Diplomate

UPCOMING CONVENTIONS & SPEAKING ENGAGEMENTS

APTA Combined Sections Meeting

February 15-18, 2017 | San Antonio, TX

- Poster Presentation: The Effect of Visceral Manipulation on Diastasis Recti Abdominis: A Case Series - Brandi Kirk, PT, PRDC, CVTP & Co-presenter Teresa Elliott-Burke, PT, MHS

AMTA 2017 School Summit

February 23-24, 2017 | Boston, MA

AMTA - New York

April 6-9, 2017 | Tarrytown, NY

- Healing from the Core: Grounding & Healthy Boundaries - Lori Chinitz, PT, CST
- Lymphatic Balancing: Total Body - Kerry D'Ambrogio, PT, DOM

Harvard Fellowship in Integrative Medicine Research Seminar Series

April 12, 2017 | Boston, MA

- A Glial Cell Model of CranioSacral Therapy - Tad Wanveer, LMT, CST-D

AMTA - Connecticut Chapter Conference

April 20-23, 2017 | Bristol, CT

- CranioSacral Therapy 1 - Claudia Silva, PT, CST-D, CIMBE

- Concussion Program*
June 4-10, 2017
Upledger Institute Clinic,
FL
- June 7-11, 2017
Selma, IN

*Professional NFL Football Players
Research Program

**[Click for more Dates &
Locations](#)**

Concussion Interest Group Helping Clients Heal Traumatic Brain Injury

We invite you to join our growing team of practitioners specializing in working with patients with concussions, traumatic brain and other sports related injuries.

[Click for more details.](#)

Related Research

Click on a title below to read the complete article.

- [New CranioSacral Therapy Research - This Duck Doesn't Quack Anymore](#)
- [CranioSacral Therapy for the Treatment of Chronic Neck Pain: A Randomized Sham-controlled Trial](#)
Clin J Pain. 2016 May; 32(5):441-9.



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[AMTA - Florida](#)

April 29-30, 2017 | Palm Beach Gardens, FL

- Introduction to Lymphatic Balancing -
Jack Ryan, LMT

[Massage Live](#)

May 5-7, 2017 | Orlando, FL

[World Massage Festival 2017](#)

May 7-10, 2017 | Cherokee, NC

- Why Massage and CranioSacral Therapy for Babies -
Tami Goldstein, WLMT, CST

[AMTA - FL](#)

June 10-11, 2017 | Palm Beach Gardens, FL

Introduction to Visceral Manipulation - TBD

[FSMTA - Florida State Massage Therapy Association](#)

June 20-25, 2017 | Orlando, FL

- Upledger CranioSacral Therapy for Concussion and Traumatic Brain Injuries -
Mariann Sisco, PT, CST-D
- CranioSacral Therapy for Longevity:
Reversal of the Aging Process -
Michael Morgan, LMT, CST-D
- Upledger Aquatic Therapy Experience -
Anne Wister, LMT, CST-D
- Upledger CranioSacral Therapy, Massage and Bodywork for Autism -
Tami Goldstein, WLMT, CST
- Lymphatic Balancing: Local Approach - Total Body -
Kerry D'Ambrogio, PT, DOM

[AMTA - FL](#)

August 19-20, 2017 | Palm Beach Gardens, FL

- Introduction to Total Body Balancing -
Jack Ryan, LMT

[AMTA National 2017](#)

September 13-16, 2017 | Pasadena, CA

- Speakers - TBD

CST AROUND THE GLOBE Over 500 Classes Every Year



CranioSacral Therapy and the Immune Response (CSIR)
Portland, OR - June 2016
(l-f) Karen Axelrod, MA, CMT, CST-D; Taylor Shear, UI Ed.
Services Rep. and Tim Hutton, PhD, LMP, CST-D



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