

Working Wonders

 Upledger
Institute
International

800.233.5880
Upledger.com



Discover Upledger CranioSacral Therapy

January 2018

Upcoming Courses

REGISTER NOW 

CranioSacral Therapy 1 (CS1)

AB	Calgary	Mar 22 - 25, 2018
	Edmonton	Sep 13 - 16, 2018
AZ	Phoenix	Jun 21 - 24, 2018
BC	Vancouver	Jun 14 - 17, 2018
CA	Big Sur	Mar 11 - 08, 2018
	Big Sur	Apr 01 - 06, 2018
	Los Angeles	Feb 22 - 25, 2018
	Sacramento	Oct 11 - 14, 2018
	San Diego	Jun 21 - 24, 2018
	San Francisco	Sep 13 - 16, 2018
CO	Denver	Feb 22 - 25, 2018
CT	Hartford	Sep 13 - 18, 2018
DC	Washington	Aug 16 - 19, 2018
FL	Fort Myers	Aug 09 - 12, 2018
	Palm Beach	May 17 - 20, 2018
	Tallahassee	Jul 12 - 15, 2018
	Tampa Bay	Jun 07 - 10, 2018
HI	Honolulu	Sep 13 - 16, 2018
	Maui	Feb 14 - 17, 2018
IL	Chicago	Jun 14 - 17, 2018
IN	Indianapolis	Aug 09 - 12, 2018
KY	Louisville	Apr 19 - 22, 2018
LA	New Orleans	Sep 06 - 09, 2018
ME	Portland	Mar 15 - 18, 2018
MB	Winnipeg	Oct 04 - 07, 2018
MD	Baltimore	Feb 15 - 18, 2018
MA	Boston	Apr 19 - 22, 2018
MI	Ann Arbor	Jun 28 - 01, 2018
	Detroit	Mar 22 - 25, 2018
MN	Minneapolis	May 03 - 06, 2018
MO	Kansas City	May 31 - 03, 2018
MT	Bozeman	Feb 22 - 25, 2018
	Missoula	Oct 18 - 21, 2018
NB	Moncton	Sep 06 - 09, 2018
NH	Portsmouth	Sep 27 - 30, 2018
NM	Albuquerque	Sep 13 - 16, 2018
NY	Albany	Apr 26 - 29, 2018
	Rochester	Dec 06 - 09, 2018
	White Plains	May 17 - 20, 2018
NC	Asheville	Mar 22 - 25, 2018

AN ANSWER TO YOUR PAIN:

CST for Health and Healing

*"I Don't Know What You Did,
but Jason Ate with a Spoon Today!"*

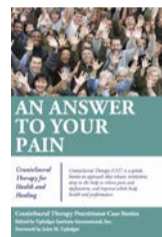
The following is an excerpt from *An Answer to Your Pain*

Submitted by Pat Churavy, PT, CST
CranioSacral Therapy Practitioner since 1999

Jason* is an eight year-old boy with autism. He speaks a few words only occasionally and has sensory processing deficits. He is in an autism class in a specialized school, where he receives weekly physical therapy to help with his walking and participation in gross motor activities with his class.

Jason tends to shut down when faced with sensory input he cannot sort out and respond to as a typical child might. This can include excessive noise, unwanted touch, and fatigue from not sleeping well at night. He is often found curled up in the fetal position on a cot in the corner of his classroom, his hands over his ears.

[Click here to read more.](#)



OPPORTUNITY TO SUPPORT WHOLE-PERSON INTEGRATIVE HEALTHCARE

Most of us know that Integrative Healthcare's benefits extend to patients, caregivers, providers, and the larger healthcare system. Coordinated care improves quality of care, lowers overall costs, and enhances access to services.

Representatives Jared Polis, D-CO, and Mike Coffman, R-CO are leading a bipartisan congressional effort that will provide the opportunity for legislators and other policy and regulatory officials to understand Integrative Healthcare.

[Click here for more information!](#)



Concussion Article about CST
and its Benefits to Football Players

	Charlotte	Oct 25 - 28, 2018
	Raleigh	Jul 19 - 22, 2018
ND	Fargo	Jun 21 - 24, 2018
OH	Cincinnati	Sep 13 - 16, 2018
	Cleveland	Nov 01 - 04, 2018
	Columbus	May 31 - 03, 2018
OK	Enid	Feb 18 - 21, 2018
ON	Ottawa	Sep 20 - 23, 2018
	Toronto	May 10 - 13, 2018
OR	Portland	Apr 12 - 15, 2018
PA	Pittsburgh	Aug 23 - 26, 2018
PR	Caguas	Feb 22 - 25, 2018
QC	Montreal	Feb 22 - 25, 2018
TN	Nashville	Jul 26 - 29, 2018
TX	Austin	Aug 16 - 19, 2018
	Dallas	Nov 08 - 11, 2018
	Houston	Mar 22 - 25, 2018
UT	Salt Lake City	Mar 15 - 18, 2018
WA	Seattle	May 31 - 03, 2018
WI	Milwaukee	Jul 12 - 15, 2018

CranioSacral Therapy 2 (CS2)

AL	Birmingham	Feb 01 - 04, 2018
AK	Anchorage	May 03 - 06, 2018
AB	Calgary	Oct 18 - 21, 2018
AZ	Phoenix	Jun 21 - 24, 2018
BC	Vancouver	Jun 14 - 17, 2018
CA	Big Sur	Oct 21 - 26, 2018
	Los Angeles	Feb 08 - 11, 2018
	Orange County	Nov 15 - 18, 2018
	San Diego	Apr 26 - 29, 2018
	San Francisco	May 17 - 20, 2018
CO	Denver	Oct 25 - 28, 2018
CT	Hartford	Mar 08 - 11, 2018
FL	Palm Beach	Nov 08 - 11, 2018
ID	Boise	Mar 15 - 18, 2018
IN	Indianapolis	Aug 09 - 12, 2018
MD	Baltimore	Sep 27 - 30, 2018
MI	Detroit	Sep 06 - 09, 2018
MA	Boston	Apr 19 - 22, 2018
MI	Ann Arbor	Jun 28 - 01, 2018
MT	Bozeman	Aug 02 - 05, 2018
NM	Albuquerque	Mar 08 - 11, 2018
NY	White Plains	Jun 28 - 01, 2018
NC	Asheville	Aug 02 - 05, 2018
OH	Cincinnati	Feb 01 - 04, 2018
ON	Toronto	Jun 14 - 17, 2018
PR	Caguas	Apr 19 - 22, 2018
WA	Seattle	Feb 15 - 18, 2018
WI	Milwaukee	Jul 12 - 15, 2018

Developing and Deepening CranioSacral Presence (DDCSP)

FL	Palm Beach	Apr 05 - 08, 2018
NC	Asheville	Mar 22 - 25, 2018
WA	Seattle	Oct 25 - 28, 2018

Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

The Journal of Alternative and Complementary Medicine

has recently published an article by Eric Leskowitz, MD, entitled

CranioSacral Therapy, Brain Injury, and American Football: Time for a Convergence. The article supports research that CST improves symptoms of concussion and mild traumatic brain injury among football players.

Eric Leskowitz, MD, retired recently as a member of the Department of Psychiatry at Harvard Medical School. He continues to lead the Integrative Medicine Task Force at the Harvard-affiliated Spaulding Rehabilitation Hospital.

The significance of this article appearing in this journal is remarkable because the readership includes conventional medicine professionals, nurses, psychiatrists, and psychology practitioners; alternative medicine practitioners, researchers, and specialists; schools of Oriental medicine; and pharmaceutical, herbal, and other therapeutic industry professionals; among others.

Please read *CranioSacral Therapy, Brain Injury, and American Football: Time for a Convergence* and share it with others.

REAL PEOPLE, REAL SUCCESS STORIES

Veterans Benefit from Therapy Program

The Dr. John E. Upledger Foundation's Veterans Therapy Program was a seven-day, multi-disciplinary treatment program including pre and post testing held in November at the Upledger Institute in Palm Beach Gardens, FL. Participants benefitted from hours of hands-on multiple-therapist sessions, as well as supportive group sessions to facilitate each client's healing process.



Burn Loeffke

Burn Loeffke, a retired military officer who has been wounded and survived two parachute malfunctions and two helicopter crashes in combat attended the program in November 2017.

[Click here to read his CST success story.](#)

NEWS YOU CAN USE

CST as an option for pain management at hospitals?

Great news - read this: [Joint Commission Enhances Pain Assessment and Management Requirements for Accredited Hospitals](#)

Featured Therapist - The Earth and CST Literally ROCKED Her World

"My family and I were "rescued" by my uncle and brought to the US after we lost everything in the Mexico City earthquake in 1985. CST has been incredibly healing to me since 2010 when I started practicing and receiving. It is since been my deep responsibility to work with and treat earthquake victims who suffer from PTSD in Mexico, knowing first-hand what it's like to survive."

- Margarita Camarena, CMT, RMT

Multidimensional Bodywork and Traditional Healing Arts

NEWLY CERTIFIED TEACHING STATUS

WI Madison Apr 20, 2018

CranioSacral Dissection (CSD)

CA Sacramento Aug 17 - 19, 2018

Sensory Integration for CranioSacral Therapists (SICS)

CA San Diego Feb 02 - 03, 2018

FL Palm Beach Sep 22 - 23, 2018

Ecosomatics 1 (ESE1)

CO Denver Jun 27 - 30, 2018

Denver Oct 25 - 28, 2018

MB Portage la Prairie Jun 14 - 17, 2018

NC Winston-Salem Apr 26 - 29, 2018

Ecosomatics 2 (ESE2)

MB Portage la Prairie Sep 20 - 23, 2018

NC Winston-Salem May 30 - 02, 2018

TX College Station Apr 05 - 08, 2018

Ecosomatics 3 (ESE3)

CO Denver Jul 26 - 29, 2018

Ecosomatics 4 (ESE4)

CO Denver Oct 03 - 06, 2018

REGISTER NOW 



[Click here for full class listing](#)

UPLEDGER INSTITUTE INTERNATIONAL, INC.

CRANIOSACRAL THERAPY

John E. Upledger, DO, OMM



[Click here for full class listing](#)

BARRAL INSTITUTE

VISCERAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

NEURAL MANIPULATION

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)

NEW MANUAL

CranioSacral Therapy 1

- **Helena Tousková, PT, CST-D** - Prague, CZE

Sensory Integration for CranioSacral Therapists

- **Orsolya Gábrriel, CST-D, PT, NP** - Biatorbagy, HUN
- **Thomas Rasmussen, Ph.D, MSC, CST-D** - Vaeriose, DNK

SomatoEmotional Release 1

- **Anna Chirara Bosi, CST-D** - Castelmaggiore, ITA

The Brain Speaks 1

- **Mariann Sisco, PT, CST-D** - Boca Raton, FL

Clinical Applications CranioSacral Therapy and

Clinical Applications SomatoEmotional Release

- **Jonathan Gore, DO, MCSS, CST-D** - Redruth, GBR

SATELLITE NEWS

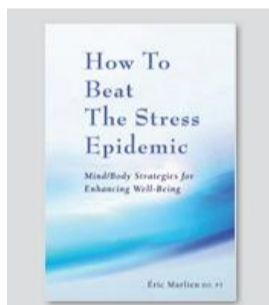
We are excited to announce our first Upledger seminars



in Slovenia began in fall of 2017. Our Sponsor is the Academy for Manual therapists in Ljubljana.

For more details visit the website <http://barralupledger.si> or email Dunja Ferjan at info@manualnaterapija.si.

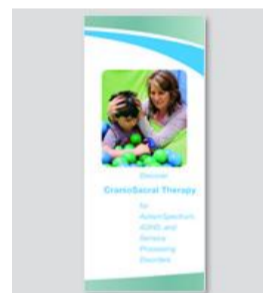
FEATURED PRODUCTS



How To Beat the Stress Epidemic: Mind/Body Strategies for Enhancing Well-Being

ITEM CODE: HTBTSE * \$19.95

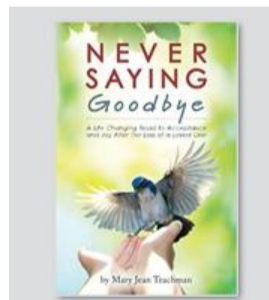
[CLICK TO ORDER](#)



Discover CST for Autism Spectrum Brochure

ITEM CODE: DCAU * \$30.00

[CLICK TO ORDER](#)



Never Saying Goodbye:

A Life Changing Road to Acceptance and Joy After

the Loss of a Loved One

ITEM CODE: NSG * \$13.00

[CLICK TO ORDER](#)



Still Point Inducer

ITEM CODE: SPI * \$24.95

[CLICK TO ORDER](#)



ARTICULAR APPROACH

Jean-Pierre Barral, DO, MRO(F), PT

Alain Croibier, DO, MRO(F)



[Click here for full class listing](#)

D'AMBROGIO INSTITUTE

TOTAL BODY BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

JOINT BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

MUSCLE BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

LYMPHATIC BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

FASCIAL BALANCING

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP



[Click here for full class listing](#)

INTERNATIONAL ALLIANCE OF HEALTHCARE EDUCATORS

STECCO FASCIAL

MANIPULATION

Luigi Stecco, PT

Antonio Stecco, MD

ACADEMY OF

LYMPHATIC STUDIES

Joachim Zuther, PT, MT, CDTI

HEALING FROM THE CORE

Suzanne Scurlock-Durana, CMT, CST-D

THE FELDENKRAIS METHOD

Ann Harman, DO, LMT

NEUROMUSCULAR THERAPY

Judith (Walker) DeLany, LMT

SOUL LIGHTENING ACUPRESSURE

Aminah Raheem, PhD

QIGONG T'CHINGS

Cloé S. Couturier, LMT, CO, CST-D, MQM

ZERO BALANCING

Fritz Smith, MD

CST Clinic Kit

Includes [UI Air Mat, An Answer to Your Pain \(Book\)](#),

[CST Touchstone for Natural Healing \(Book\)](#) and

[Discover CST Brochures \(100 Pak\)](#)

ITEM CODE: CK-CST * \$75.00

[CLICK TO ORDER](#)

CONFERENCE NEWS

Upcoming Conferences/Speaking Engagements

AMTA Schools Summit

February 15-16, 2018 | Ft Lauderdale, FL

CSM - APTA

February 21-24, 2018 | New Orleans, LA

Aging In America Conference (ASA)

March 26-29, 2018 | San Francisco, CA

- Michael Morgan, LMT, CST-D

AMTA - NH

April 6-8, 2018 | Manchester, NH

- Jack Ryan, LMT - Lymphatic Balancing

AMTA - CT

April 26-29, 2018 | Bristol, CT

- Jack Ryan, LMT - Total Body Balancing

MAC2 (Mid Atlantic Conference)

April 27 - 29, 2018 | Ocean City Maryland MD

- Mariann Sisco, PT, CST-D - CST for Concussion & Traumatic Brain Injury

AMTA - NY

May 3-6, 2018 | Syracuse, NY

- Binaifer Bugli, PT, CST-D - CS1

FSMTA

June 13-17, 2018 | Orlando, FL

- Kerry D'Ambrogio, DOM, AP, BSc, PT - Muscle Balancing Neck and Shoulder Intro
- Lorrie Harper, MSPT, CVTP - Sports Injury with Visceral Manipulation
- Eric Moya, RMT, CST-D - CranioSacral Dissection: A Pathway to Understanding and Palpating
- Jack Ryan, LMT - Total Body Balancing Intro
- Anne Wister, LMT, CST-D - Upledger Aquatic Therapy Experience

2018 Concussion Health Summit

July 27-29, 2018 | Dallas, TX

- Sally Fryer, PT, SIPT Cert, CST-D and Melinda Roland, MA, PT, LAc, OMD, Dipl-Ac, CST-D - Pre-Summit Webinar & Presentation

World Massage Festival (WMF)

August 6-9, 2018 | Las Vegas, NV

- Hall of Fame Inductee Tami Goldstein, WLMT, CST

AMTA - National

August 9-11, 2018 | Washington DC

AMTA - WA

September 14, 2018 | Ocean Shores, WA

Mariann Sisco, PT, CST-D - CST for Concussion and Traumatic Brain Injury

FASCIAL INTEGRATION

Bruce Schonfeld

Certified Advanced Rolfer, NCBTMB

BODY ALCHEMY

Rebecca M. Ridge,

Ph.D, TEP, LMT, CST-D

INTEGRATIVE INTENTIONS

Chas Perry, PhD, CST-D

MECHANICAL LINK

Paul Chauffour, DO, French Osteopath

REGISTER NOW



Save with CORE-PAK!



Train and certify in CranioSacral Therapy for as little as

\$100.00 per month

Enjoy substantial savings

Begin classes immediately

Click for more details!

What's the Difference?

Between a Study Group and a Practice Group?

A **Practice Group** is led by someone who has taken courses and helps the community of therapists come together to practice on one another. They will organize the dates, times, meeting locations. They may have resources available like websites and Facebook pages, and contact information for local assistance.

A **Study Group** is led by someone qualified by the Institute and recommended by at least one instructor. The group leader will usually select a topic to review and practice, and will answer questions and correct hand positions, if needed.

Click here to learn more!

CLICK HERE



CONGRATULATIONS

**Upledger Institute International
CranioSacral Therapy
Certification Program**

**Click Here to View
Newly Certified Therapists**
• CranioSacral Therapy Techniques
• CranioSacral Therapy Diplomate

Previous Conferences/Speaking Engagements

APPPAH 20th International Congress

Nov 30-3, 2017 | San Diego, CA

Presenters: Carol McLellan, CMT,

CST-D; Karyn Quraishy, MSTP,

CST-D and Ellen Steinberg, RN,

IBCLC, LCCE, CST

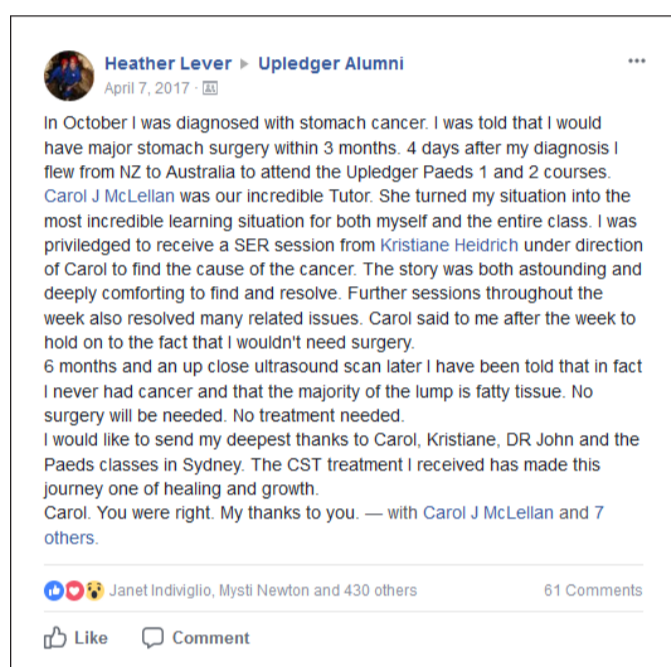


Pictured left to right are: Ellen, Carol, Karyn, Kim Painter, PT, LMT, CST-D and Elise Dowler, Educational Services Rep

UPLEDGER INSTITUTE

PROVIDES A CLEAR PATH FOR A HEALING JOURNEY

The following is a Facebook excerpt from Upledger Alumnus Heather Lever.



RECENT CLASS PHOTOS



Advanced 2 CranioSacral Therapy held in August, 2017 in Big Sur, CA with Instructor Chas Perry, Ph.D., CST-D

Click here to

view most recent class photo gallery.



Click to share YOUR class photos! Include class title, location & date.



The Upledger Alumni Association (UAA) is managed by

the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. **Newly added benefit of Medallion Membership - Online video reviews of classes you have attended!**

We ♥ Hearing From You!



**About CS1 with Mariann Sisco
in Baltimore, MD**

Mind blown. Glad this info exists. Felt like my whole life led up to this and needed this. Constantly felt engaged.

- J. Carper, LMT

**About SICS with Rebecca Ridge
in Palm Beach, FL**

Since returning from your class, I have been really amazed at how much understanding you gave us in those two days. I keep discovering some of the things you talked about and find myself applying many of your suggestions. Again, thank you.

- K. Abrams, MA, CCC/SLP

Articles of Interest



**Advanced Work -
The Difference**

by Lori Leitzel Rice,
LMT, CST-D

CranioSacral Therapy

by Lori Leitzel, LMT, CST, Delta Holistic
Therapy Center

Why is Self-Care Important?

by Tanya Drayton, LMT, CST

CST and Headaches from Dental Braces

by Robert H. Weiner, PhD

**Broaden Your Touch Repertoire; Let the
Body Lead the Way**

by Robyn Scherr and Kate Mackinnon

**Manual Therapy as a Proposed
Treatment for Chronic Migraine**

by Espí-López, GV, C. Bermell-Salvador
and S. Cortés-Amador

[Click to view our entire article database.](#)

**Are YOU Tuning in to Our YouTube
Channel?**

Subscribe to our YouTube
channel to see our latest
videos!



Join this video community and watch

BICADD	CSD*	LT1-2	NVMTA	UMAC1	VVML
BTD12	CSIR CSIRPE	MALE	SCB1	UMAC3	VVMU
BTD15		MASP	SER1-2	VAP	-----
CATP	CSP1-2 LDA1	MAUE	SICS	VNAC	*Contains
CCPB1		NDVM1	TBS1	VM1-6	only still photos
CS1-2		NM1-5	UGM	VMAT	-----

Videos Now Available:

For a complete listing and description of the benefits associated with Medallion status, please visit **IAHP membership benefits**.



PROMOTIONAL SPONSOR

Did you know that when you become a promotional sponsor, you can earn tuition credit?

The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, LB, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred who completes an IAHE entry level class.

Students referred must successfully complete their classes.

To Register to become a Promotional Sponsor, please call 1-800-311-9204 or email ps@iahe.com.

SEMINAR TRAVELMATE



Visit IAHP on Facebook



Connect with workshop attendees for rideshares and roommate arrangements.

and listen to your peers and leaders in the industry talk about the latest techniques, success stories, insights, and more. You don't want to miss out.

[Click here to subscribe to our YouTube channel!](#)

Employment Postings:



We are doing our part to help therapists find great positions while helping employers build successful companies.

[Click here to view opportunities.](#)

Quick Links


[Upledger Institute](#)

[IAHE](#)

[Shop Now](#)

[FAQs](#)

[Find a Practitioner](#)
[Contact Us](#)

 [Like us on Facebook](#)

[Follow us on !\[\]\(0d7ca0919e6c47bbd874bfa0189fe22e_img.jpg\)](#)

[View our videos on !\[\]\(274fd520e03b61c1b9ffc861754cacdc_img.jpg\)](#)



11211 Prosperity Farms Road, D-325, Palm Beach Gardens, FL 33410