

Working Wonders



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Discover Upledger CranioSacral Therapy

June 2016

Upcoming Courses

REGISTER NOW



CranioSacral Therapy 1 (CS1)

Birmingham, AL	Jun 23-26, 2016
Phoenix, AZ	Jun 23-26, 2016
Nashville, TN	Jul 7-10, 2016
Raleigh, NC	Jul 7-10, 2016
Milwaukee, WI	Jul 14-17, 2016
San Diego, CA	Jul 14-17, 2016
Miami, FL (in Spanish)	Jul 21-24, 2016
Indianapolis, IN	Aug 4-7, 2016
Austin, TX	Aug 11-14, 2016
Washington, DC	Aug 11-14, 2016
Sarasota, FL	Aug 18-21, 2016
Pittsburgh, PA	Aug 25-28, 2016
Cincinnati, OH	Sep 8-11, 2016
Moncton, NB	Sep 8-11, 2016
New Orleans, LA	Sep 8-11, 2016
San Francisco, CA	Sep 8-11, 2016
Edmonton, AB	Sep 15-18, 2016
Hartford, CT	Sep 15-18, 2016
Portsmouth, NH	Sep 29-2, 2016
Ann Arbor, MI	Oct 6-9, 2016
Missoula, MT	Oct 6-9, 2016
Sacramento, CA	Oct 13-16, 2016
Charlotte, NC	Oct 20-23, 2016
Winnipeg, MB	Oct 20-23, 2016
Dallas/Ft Worth, TX	Nov 3-6, 2016
Palm Beach, FL	Nov 3-6, 2016
Fairfield, NJ	Nov 10-13, 2016
Orange County, CA	Nov 17-20, 2016
Orlando, FL	Dec 1-4, 2016
Atlanta, GA	Dec 8-11, 2016

CranioSacral Therapy 2 (CS2)

Phoenix, AZ	Jun 23-26, 2016
Milwaukee, WI	Jul 14-17, 2016
NJ Shore, NJ	Jul 14-17, 2016
Boston, MA	Aug 4-7, 2016
Cincinnati, OH	Sep 8-11, 2016
Enid, OK	Sep 15-18, 2016
Portland, ME	Sep 22-25, 2016
Big Sur, CA	Sep 25-30, 2016
Portsmouth, NH	Sep 29-2, 2016
Missoula, MT	Oct 6-9, 2016
Winnipeg, MB	Oct 20-23, 2016
Palm Beach, FL	Oct 27-30, 2016
Chicago, IL	Nov 3-6, 2016
Denver, CO	Nov 10-13, 2016
Caguas, PR	Nov 12-15, 2016
Asheville, NC	Nov 17-20, 2016
Orange County, CA	Nov 17-20, 2016
Vancouver, BC	Nov 17-20, 2016

Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

Please call for details.

CranioSacral Dissection (CSD)

Lebanon, OR	Nov 11-13, 2016
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Sensory Integration for CranioSacral Therapists (SICS)

Palm Beach, FL	Aug 13-14, 2016
Albuquerque, NM	Feb 4-5, 2017

Ecosomatics 1 (ESE1)

Indian River, ON	Sep 22-25, 2016
Truth or Consequences, NM	Oct 26-29, 2016
Los Angeles, CA	Dec 8-11, 2016

Ecosomatics 2 (ESE2)

Indian River, ON	Jun 16-19, 2016
Truth or Consequences, NM	Oct 21-24, 2016

Ecosomatics 3 (ESE3)

Indian River, ON	Jun 21-24, 2016
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Ecosomatics Small Animals 1 (ESSA1)

Indian River, ON	Sep 22-25, 2016
Los Angeles, CA	Dec 1-4, 2016

REGISTER NOW



Save with CORE-PAK!



Train and certify in CranioSacral Therapy for as little as **\$100.00 per month**

Enjoy substantial savings
Begin classes immediately

[Click for more details!](#)

HANDS ON HEALING AND THE RIG Using CST in Acute Situations

Submitted by Joshua Karrasch, Paramedic

In 2005-2006 when my commanding officer, Captain Sandra DeGroot invited Dr. Upledger and his team to Naval Hospital Lemoore I was introduced to CranioSacral Therapy. Initially I was admittedly skeptical, as were many of my more mainstream medicine colleagues, of this gentleman claiming to be able to feel a rhythm - that at the time was not "main stream." When Dr. Upledger showed me how to feel the craniosacral rhythm I was blown away and instantly won over.



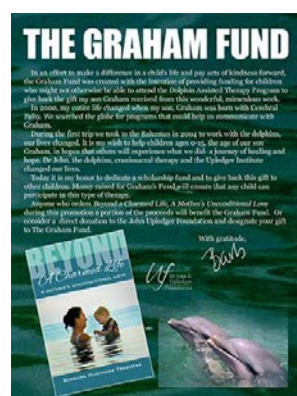
Joshua Karrasch, Paramedic; US Navy Veteran

Now that is not to say I did not already have an appreciation for the less main stream treatment modalities, it was just that I did not see how I could apply them to my specialty, prehospital medicine.

[Click to continue reading >>>](#)

BEYOND A CHARMED LIFE Scholarships for Dolphin Program

The Graham Scholarship Fund was created by Barbara Huntress Tresness, author and mother of Graham, so that children who might not otherwise be able to attend the **Upledger Dolphin Assisted Therapy Program** could receive and benefit from the therapy.



[Click to enlarge image.](#)

A portion of the proceeds from the sale of the book which chronicles their story and journey will benefit the Graham Fund. Or, Barb asks that your direct donations to the Dr. John E. Upledger Foundation be designated to The Graham Fund. [Click for order information.](#)

CST CLASS NEWS Specialized Courses

Developing and Deepening CranioSacral Presence (DDCSP)
This workshop introduces a series of techniques and insights that reflect cutting edge research as well as long standing practices on how to utilize ones presence to augment the healing process. [DDCSP>>>](#)

Knowing how to successfully hold a therapeutic presence for our clients/patients is a vital skill for every bodyworker in today's stress-filled world.



CranioSacral Therapy for Cranial Nerves 1 (CSCN1)
This course focuses on the anatomy and physiology of the 12 cranial nerves, how they might become dysfunctional, and how to help restore function using new and existing techniques and protocols derived from Upledger CranioSacral Therapy. [CSN1>>>](#)

"A fantastic, comprehensive look at the role of cranial nerves and how we can facilitate homeostasis for them with CST."

- Debbie Gledhill, CMT, IAHE Teaching Assistant



CST and Working with Chronic Depletion (CSWCD)
This course focuses on the patterns and challenges which arise in the craniosacral system from sustained long-term stressors. [CSWCD>>>](#)

"Wonderfully informative, encouraging use of CSI and CS2 techniques to blend treatment effectively and quickly."

- Kimberly Zamorano, LPN

UPLEDGER STUDY GROUPS AND PRACTICE GROUPS

Enjoy the Benefits...



[Click here for full class listing](#)

UPLEDGER INSTITUTE INTERNATIONAL, INC.

CRANIOSACRAL THERAPY
John E. Upledger, DO, OMM



[Click here for full class listing](#)

BARRAL INSTITUTE VISCERAL MANIPULATION
Jean-Pierre Barral, DO, MRO(F), PT

NEURAL MANIPULATION
Jean-Pierre Barral, DO, MRO(F), PT
Alain Croibier, DO, MRO(F)

NEW MANUAL ARTICULAR APPROACH
Jean-Pierre Barral, DO, MRO(F), PT
Alain Croibier, DO, MRO(F)



[Click here for full class listing](#)

D'AMBROGIO INSTITUTE

TOTAL BODY BALANCING
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

JOINT BALANCING
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

MUSCLE BALANCING
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

ORTHOPEDIC LYMPH BALANCING
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

FASCIAL BALANCING
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP



[Click here for full class listing](#)

INTERNATIONAL ALLIANCE OF HEALTHCARE EDUCATORS

STECCO FASCIAL MANIPULATION
Luigi Stecco, PT
Antonio Stecco, MD

ACADEMY OF LYMPHATIC STUDIES
Joachim Zuther, PT, MT, CDTI

HEALING FROM THE CORE
Suzanne Scurlock-Durana, CMT, CST-D

THE FELDENKRAIS METHOD
Ann Harman, DO, LMT

NEUROMUSCULAR THERAPY
Judith (Walker) DeLany, LMT

SOUL LIGHTENING ACUPRESSURE
Aminah Raheem, PhD

QIGONG T'CHINGS
Cloé S. Couturier, LMT, CO, CST-D, MQM

ZERO BALANCING
Fritz Smith, MD

FASCIAL INTEGRATION
Bruce Schonfeld
Certified Advanced Rolfer, NCBTMB

BODY ALCHEMY
Rebecca M. Ridge,
Ph.D, TEP, LMT, CST-D

INTEGRATIVE INTENTIONS
Chas Perry, PhD, CST-D

MECHANICAL LINK
Paul Chauffour, DO, French Osteopath



Study Groups create wonderful opportunities to practice the skills you have already learned and further your understanding of your chosen modality by sharing experiences and asking questions of other like-minded practitioners.



Study Groups include hands-on practice, techniques review and time available to have your questions answered. Study Groups are led by Instructors, Teaching Assistants, or Certified Therapists.

Practice Groups are more informal, and allow for students to practice in order to prepare for further study.

To learn more about adult learning and why Study Groups are so important, please [click here](#).

To locate a study group in your area, [click here](#).

To become a Study Group Leader or Practice Group Organizer, email Kristen Bloom at kristen.bloom@iahe.com



PROMOTIONAL SPONSOR

Did you know that by joining our Referral Reward program, you can earn vouchers???

The Promotional Sponsor program is available to anyone who has registered in the program and refers a colleague to an entry level workshop.

It's really easy, just simply refer colleagues to our entry level classes: CS1, VM1, NM1, TBB1, MB, JB, FB and earn vouchers when the registering student mentions your name. Receive 10% tuition credit for each new person referred that completes an IAHE entry level class.

And as an added bonus: Receive 20% tuition credit when you refer over 10 people in a calendar year.

Students referred must successfully complete their classes.

To Register to Become a Promotional Sponsor, please call 800-311-9204 or email ps@iahe.com

CONCUSSION NEWS Concussion Interest Group



The Concussion Interest Group (CIG) is now 100 practitioners strong. The goal of the CIG is to disseminate the latest information on what is happening in the Concussion arena and to keep you informed about the inroads made by the Upledger Institute. If you are interested in joining the group, please fill out a [therapist application](#). We will continue to share information along the way and our hope is that you will also share relevant information with us, so together we can increase our expertise individually and as an Organization.

Four of the most recent articles recently shared follow:

- [NFL Reacts to League Official's Statement that Links CTE to Football](#)
- [CTE Center | Boston University](#)
- [Tech Times - "New Blood Test For Concussion May Help Reduce Need For Radiation-Exposing Scans"](#)
- [Massage Today - "Make a Difference in Clients who Suffer from Traumatic Brain Injury"](#)

Concussion Tools and Products

For Promoting Treatment of Patients with Concussions and Traumatic Brain Injuries



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WE ♥ HEARING FROM YOU!



Upcoming Intensive Programs

- **PTSD**

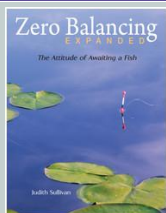
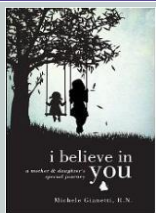
November 8-13, 2016

- **Concussion - Professional Football Players**

June 5-9, 2017

[Click here for more details on Intensive Programs offered by Upledger Institute Clinic](#)
or call 561-622-4706.

Summer Sale Items



I Believe in You
Item Code: **IBY**
Sale Price: **\$11.99**

[Click to Order](#)

ZB Expanded
Item Code: **ZBE**
Sale Price: **\$44.95**

[Click to Order](#)



The Song/Gee Bear Set
Item Code: **TSTPG/GBJTS**
Sale Price: **\$24.30**

[Click to Order](#)

**Upcoming Conventions/
Speaking Engagement**

**Nova Southeastern College of
Osteopathic Medicine - Research Day**

June 6, 2016
South Miami, FL

- Gail Wetzler, PT, DPT, EDO, BI-D and Robert Boltuch, DO

**FSMTA - Florida State Massage
Therapy Annual Convention**

June 23 - 26, 2016
Orlando, FL

- Introduction to CST -
Carrie Fisher, BS, LMT, CST
- Introduction to TBB -
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP
- Introduction to VM -
Mariann Sisco, PT, CST-D
- Intro to HFC -
Suzanne Scurlock-Durana, CMT, CST-D

AMTA - Florida

September 10-11, 2016
Palm Beach, FL

- CST and Concussions

**Michigan Brain Injury
Association 36th Annual Fall
Conference**

September 22-23, 2016
Lansing, MI

- Gail Wetzler, PT, DPT, EDO, BI-D; Melinda Roland, MA, PT, LAc, OMD, Dipl-AC, CST-D and Sally Fryer PT, SIPT, CST-D

**NHPC - Natural Health
Practitioners of Canada**

September 24-25, 2016
Regina, Saskatchewan

- Intro to CST class -

About CS1 with Claudia Silva in Columbus, OH
This has been a very eye opening experience. It's so beneficial to the one receiving treatment and very rewarding for the one facilitating the healing.

- K. Odum, LMT

About CS2 with Fred Stahlman in Palm Beach, FL
I have been interested in CST for 20 years, I was excited and delighted by CS1, now I am wholeheartedly fervent to bring this to my clients.

- D. French, LMT



The Upledger Alumni Association (UAA) is managed by the International Association of Healthcare Practitioners (IAHP).

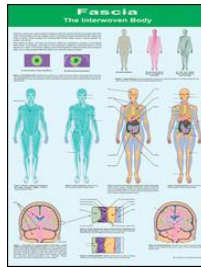
Participants in Upledger workshops are automatically eligible for membership. The basic membership is free. The Medallion Membership offers enhanced professional benefits. **Newly added benefit of Medallion Membership - Online video reviews of class you attend!**

Videos Now Available:

CCPB1	LDT1-3	NVMTA	VNAC	VVML
CS1-2	LT1-2	SCB1	UMAC1	VVMU
CSIR	MALE	SER1-2	VAP	
CSP1-2	MASP	SICS		
LDA1	NM1-4	TBS1	VM1-6	
			VMAT	

For a complete listing and description of the benefits associated with Medallion status, please visit **IAHP membership benefits.**

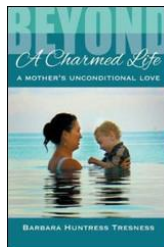
FEATURED PRODUCTS



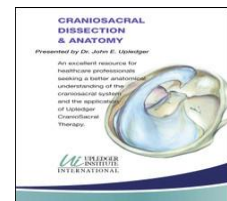
Fascia Wall Chart
Item Code: **WC-FAS**
\$29.95 US



TBEV Products
DVD: **\$395.00**
Reference Guide: **\$150.00 US**
Purchase set for \$390.00 US!
Item Code: **TBEV-SET**



Beyond A Charmed Life
Item Code: **BACL**
\$20.00 US



PRE-ORDER
CranioSacral Dissection & Anatomy DVD
Item Code: **D-CDA**
\$72.95 US



ANNOUNCEMENTS

Congratulations
New Teachers

- **Fiona Gilbraith, CST, MCSS** of the United Kingdom is now a CACS and CASR instructor.
- **Massimiliano Lodola, CST-D** of Italy is now a CS1 instructor.

New Satellite Candidate
Sergii Pavlov, PT of Ukraine.

Symposium News

The Upledger Institute UK's Rhythm & Resonance Symposium takes place in London on Sep 24-26, 2016.

Held every 4 years, CranioSacral Therapy alumni come together to celebrate everything that makes Upledger CranioSacral Therapy so special. It is an event that brings together inspirational speakers, demonstrations & practical workshops, the latest research, and a chance to connect with what's happening in our global community of Upledger therapists.

[Click for more information>>>](#)

CLICK HERE



CONGRATULATIONS

**Upledger Institute International
CranioSacral Therapy
Certification Program**

**Click Here to View
Newly Certified Therapists**

- CranioSacral Therapy Techniques
- CranioSacral Therapy Diplomat

Jill Mabry, CST

AMTA - Rhode Island Chapter Convention

October 21-23, 2016
Warwick, Rhode Island

- Visceral Manipulation Applications for Sciatica and Low Back - Lorilynn Dowiak, PT

AMTA National Convention

October 26-29, 2016
Milwaukee, WI

- Bodywork for Autism Spectrum Disorders -

Tami Goldstein, WLMT, CST

AMTA - Connecticut Chapter Conference

April 21- 23, 2017
Bristol CT

World Massage Festival 2017

May 7-10, 2017
Cherokee, NC

- Why Massage and CranioSacral Therapy for Babies -

Tami Goldstein, WLMT, CST

Seminar Travelmate 
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UMAC1 - Palm Beach, FL - February '16
with Ken Koles, PhD, LAc, DSc



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Click on a title below to read the complete article.

- ***A Comment on the Relationship of Recent Research on CSF Production and Reabsorption to the Pressurestat Model*** by Tim Hutton

- ***Feeling Small: Fingers can Detect Nano-Scale Wrinkles Even on a Seemingly Smooth Surface***, from KTH The Royal Institute of Technology



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