

# Working Wonders

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## Upcoming Courses

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### CranioSacral Therapy 1 (CS1)

San Luis Obispo, CA	Oct 2-5, 2014
Winnipeg, MB	Oct 23-26, 2014
Palm Beach, FL	Nov 6-9, 2014
Dallas/Ft. Worth, TX	Nov 13-16, 2014
Missoula, MT	Nov 13-16, 2014
Orange County, CA	Nov 20-23, 2014
Orlando, FL	Dec 4-7, 2014
Ft. Myers, FL	Jan 8-11, 2015
Philadelphia, PA	Jan 15-18, 2015
Madison, WI	Jan 15-18, 2015
St. Louis, MO	Jan 15-18, 2015
Sedona, AZ	Jan 22-25, 2015
Dayton, OH	Jan 29-1, 2015
Denver, CO	Feb 12-15, 2015
Los Angeles, CA	Feb 12-15, 2015
Albany, NY	Feb 19-22, 2015
Baltimore, MD	Feb 26-1, 2015
Detroit, MI	Mar 5-8, 2015
Asheville, NC	Mar 12-15, 2015
Houston, TX	Mar 12-15, 2015
Salt Lake City, UT	Mar 12-15, 2015
Calgary, AB	Mar 19-22, 2015
Portland, ME	Mar 19-22, 2015
Anchorage, AK	Apr 9-12, 2015
Boston, MA	Apr 9-12, 2015
Palm Beach, FL	Apr 9-12, 2015
Portland, OR	Apr 9-12, 2015
San Francisco, CA	Apr 30-3, 2015
New York, NY	May 7-10, 2015
Toronto, ON	May 7-10, 2015
Las Vegas, NV	May 14-17, 2015
Minneapolis, MN	May 14-17, 2015
Seattle, WA	May 21-24, 2015
Vancouver, BC	May 21-24, 2015
Big Sur, CA	May 24-29, 2015
Columbus, OH	May 28-31, 2015
Bozeman, MT	Jun 4-7, 2015
Chicago, IL	Jun 4-7, 2015
Kansas City, MO	Jun 11-14, 2015
Tampa Bay, FL	Jun 11-14, 2015
Sacramento, CA	Jun 11-14, 2015
Atlanta, GA	Jul 9-12, 2015
NJ Shore, NJ	Jul 9-12, 2015
Raleigh, NC	Jul 9-12, 2015
Milwaukee, WI	Jul 16-19, 2015
Birmingham, AL	Aug 6-9, 2015
Indianapolis, IN	Aug 6-9, 2015
Washington, DC	Aug 6-9, 2015
Austin, TX	Aug 13-16, 2015
Cincinnati, OH	Sep 10-13, 2015
Fargo, ND	Sep 10-13, 2015
Maui, HI	Sep 10-13, 2015
Moncton, NB	Sep 10-13, 2015
Albuquerque, NM	Sep 17-20, 2015
Edmonton, AB	Sep 17-20, 2015
Hartford, CT	Sep 17-20, 2015
Ottawa, ON	Sep 24-27, 2015
Portsmouth, NH	Oct 1-4, 2015
Lansing, MI	Oct 8-11, 2015
San Luis Obispo, CA	Oct 8-11, 2015
Palm Beach, FL	Nov 5-8, 2015
Cleveland, OH	Nov 12-15, 2015
Dallas/Ft. Worth, TX	Nov 12-15, 2015

### Applications of Upledger CST, Massage & Bodywork for Autism (CSMB-A)

Madison, WI Oct 18, 2014

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## Our Partner Curriculums



## WORKING WONDERS: *Changing Lives with CranioSacral Therapy*

### Living Pain-Free

*The following Working Wonders excerpt  
was submitted by Karl Simon, ND, MH*

Following my first CranioSacral Therapy class, I was very eager to get back to my shop in rural southside Virginia so I could share what I had learned with my customers.

After returning home, I was disappointed to find that people who came into my shop with pain and headaches looked at me with suspicion when I told them about my new methods. They would take advice about herbs, but it sometimes felt like an uphill battle to get them to try anything that was different from orthodox medical practices. Even when I offered treatments without charge, I got very few takers and no repeat customers. I was beginning to wonder if I was doing something wrong or if I would ever be able to use my newfound knowledge.

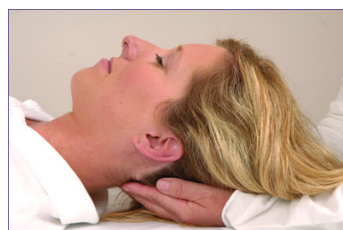
**Click to continue reading Living-Pain Free**

## CONCUSSION AND POST- CONCUSSION SYNDROME

### Is CranioSacral Therapy an Appropriate Treatment Modality?

By Yonina Chernick

The use of the terms "concussion" and "post-concussion" syndrome (PCS) has increased in the lexicon of healthcare practitioners and laypeople. In minor league, amateur and professional sports, we see an increased frequency in the diagnosis of concussion injury as well as the detailed quantification of its accompanying signs and symptoms.



**Click to read more...**

## Help raise funds for former professional football players concussion program.

Recently, the Upledger Institute Clinic in conjunction with the Ricky Williams Foundation conducted a preliminary pilot research program on concussions with former professional football players. The goal is to be able to provide some evidence-based research to show the effectiveness of CranioSacral Therapy, Visceral Manipulation and other related modalities on concussions. The results are currently being collated and prepared to be submitted for publication in a peer reviewed journal. Until that time, we can not release the results, but we do have some video footage we can share. The Upledger Foundation and the Ricky Williams Foundation are working together to schedule additional programs as well as fund a documentary on their programs. The hope would be to get the NFL recognition, endorsement and support to help our work be better recognized, more credible and available to all those that would benefit.

We are in the process of putting together Concussion Program Treatment teams in all 32 NFL cities. If you are interested in applying to be a therapist on one of these teams for a possible future program, email <mailto:WilliamsConcussionProgram@upledger.com> and an application will be sent to you. If you are interested in making a tax deductible financial contribution to help fund these programs and the documentary, please visit [RickyWilliamsFoundation.org](http://RickyWilliamsFoundation.org). The Ricky Williams Foundation is a non-profit 501(c)(3) organization.



**Click here for video.**

## ALS ICE BUCKET CHALLENGE

John Matthew Upledger, CEO  
Upledger Institute International  
answers the call.

As of Monday, August 18, The ALS (Amyotrophic Lateral Sclerosis) Association had received \$15.6 million in donations compared to \$1.8 million during the same time period last year (July 29 to August 18). These donations have come from existing donors and 307,598 new donors to the Association.

IAHE is a coalition of healthcare instructors and curriculum developers united to advance innovative therapies through high-quality continuing-education programs.

To see partner curriculums and future workshop schedules, click on a curriculum title below.



**VISCERAL MANIPULATION**

Jean-Pierre Barral,  
DO, MRO(F), PT

**NEURAL MANIPULATION**

Jean-Pierre Barral,  
DO, MRO(F), PT  
Alain Croibier, DO, MRO(F)

**NEW MANUAL  
ARTICULAR APPROACH**

Jean-Pierre Barral,  
DO, MRO(F), PT  
Alain Croibier, DO, MRO(F)



**LYMPH DRAINAGE THERAPY**

Bruno Chikly, MD, DO

**BRAIN THERAPY**

Bruno Chikly, MD, DO

**HEART CENTERED THERAPY**

Alaya Chikly, LMT



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**HEALING FROM THE CORE**

Suzanne Scurlock-Durana,  
CMT, CST-D

**THE FELDENKRAIS METHOD**

Ann Harman, DO, LMT

**NEUROMUSCULAR THERAPY**

Judith (Walker) DeLany, LMT

**SOUL LIGHTENING  
ACUPRESSURE**

Aminah Raheem, PhD

**QIGONG T'CHINGS**

Cloe S. Couturier,  
LMT/CO, CST-D

**ZERO BALANCING**

Fritz Smith, MD

**FASCIAL INTEGRATION**

Bruce Schonfeld,  
Advanced Rolfer

**BODY ALCHEMY**

Rebecca M. Ridge Ph.D, TEP

**INTEGRATIVE INTENTIONS**

Chas Perry, PhD, CST-D

**MECHANICAL LINK**

Paul Chauffour, DO,  
French Osteopath

Did You Know...



Did you know you can access your receipts and transcripts online? Please call 888-311-9204 or send an email to [iahe@iahe.com](mailto:iahe@iahe.com) for details.

**Featured Product**

Plastic Intracranial Membrane Model

The skull membrane model from The Upledger Institute makes studying the form and function of the cranium much simpler. Used together, your

On August 20, Ricky Williams, former NFL Miami Dolphin player and founder of the Ricky Williams Foundation threw down the gauntlet and challenged John Matthew. Click on the links below to see the results and fellow inductees into the ALS Ice Bucket epidemic!



Click on a name below to view their challenge!

			
<a href="#">Ricky Williams</a>	<a href="#">John Matthew Upledger, CEO</a>	<a href="#">Stan Gerome, LMT, CST-D</a>	<a href="#">Dee Ahern, PT, BI-D &amp; Gail Wetzler, PT, DPT EDO, BI-D</a>

**AETNA CEO ADVOCATES FOR CRANIOSACRAL THERAPY**

Excerpt taken from *TECHONOMY* - Jan 10, 2014 @ 2:56pm

Mark Bertolini surprised many Techonomists at our conference in Tucson last month with his frank talk about alternative therapies and the need for the current health system to be "creatively destroyed." Who would have thought the top man at one of the nation's largest health insurance companies would be an advocate for **craniosacral therapy** and meditative chanting?



[Click to view video](#)

**AUTISM SURVEY**

How Upledger CST Affects the Symptoms of Autism

**Upledger Institute Alumni survey participants needed.**

Upledger's CranioSacral Therapy Team at Special Therapies, Inc. of Waukesha, Wisconsin is sponsoring this extremely important survey designed to explore how Upledger CST affects the symptoms of Autism Spectrum Disorders.

**The survey team is seeking survey participants (3 separate surveys):**

1. Upledger Institute alumnae:
  - qualified to provide at least the 10-Step Protocol of Upledger CranioSacral Therapy
  - have worked with at least one client with Autism Spectrum Disorder
2. Parents of clients who have sought Upledger CST for their child with Autism Spectrum Disorder
3. Clients with Autism Spectrum Disorder who have received Upledger CST

**The survey takes less than 5 minutes of your time.**

If you or someone you know, meets the above criteria: Please go to this website to complete your respective survey <http://www.specialtherapies.com>

If you have trouble accessing the surveys, please contact Sue at [info@specialtherapies.com](mailto:info@specialtherapies.com) or [262-347-2222](tel:262-347-2222).

**CST in the Pop World  
Katy Perry's Alternative Worldview**

Here is an article from *The Week* magazine featuring Katy Perry discussing her use of alternative therapies to keep herself in top shape when she is in on tour. Good thing we (and Katy Perry) know a thing or two more about CST and alternative therapies than the online conspiracy theorists!



[Click to read...](#)

**STUDY GROUPS & PRACTICE GROUPS  
Enjoy the Benefits...**

**Study Groups** create wonderful opportunities to practice the skills you have already learned and further your understanding of your chosen modality by sharing experiences and asking questions of other like-minded practitioners.

Study Groups include hands-on practice, techniques review and time available to have your questions answered. Study Groups are led by Instructors, Teaching Assistants, or Certified Therapists.

**Practice Groups** are more informal, and allow for students to practice in order to prepare for further study.

To learn more about adult learning and why Study Groups are so important, [click here](#).

To become a Study Group Leader or Practice Group Organizer, please contact Kristen Bloom at [kristen.bloom@iahe.com](mailto:kristen.bloom@iahe.com)

**BEYOND THE DURA 2015 IS FAST APPROACHING!**

skull and membrane model offer a vital 3-dimensional perspective to the cranium.

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The Upledger Alumni Association (UAA) is managed by the International Association of Healthcare Practitioners (IAHP).

Participants in Upledger workshops are automatically eligible for membership. Basic membership is free.

Medallion Membership offers enhanced professional benefits. Newly added benefit: Online video reviews of classes you attend. Videos now available: TBS1, CCPB1, SCIS and SER1.

For a complete listing and description of the benefits associated with Medallion status, please visit [www.iahp.com/pages/benefits](http://www.iahp.com/pages/benefits).

## AMTA National Conference

Denver, CO - Sep 17-20, '14



John Matthew Upledger, CEO Upledger Institute International with keynote speaker, Dr. Mehmet Oz.

## Searchable Article Database

For articles and research information pertaining to the modalities that we offer, an article database is now available that can be searched using various criteria.

We strive to make our searchable database as comprehensive as possible. If you know of an article that is not included on this list, please e-mail us with the article information.



[The article database is available on our website or click here.](#)

## Mentoring Program

**October 7, 2014:**  
Specialty Topic: CST & Migraines  
Cost \$25. Recording only \$20  
[Click to register](#)

**October 14, 2014:**  
CS1 Review  
Cost \$20. Recording only \$15  
[Click to register](#)



[Click here to learn more about the Upledger CranioSacral Therapy Mentorship Program.](#)



Check Out Seminar Travelmate  
Visit the IAHP on Facebook



Connect with other workshop attendees

# Upledger Beyond the Dura 2015

April 22 - 25, 2015  
Jupiter Beach, FL

In honor of The Upledger Institute International's 30<sup>th</sup> anniversary, our theme is pearls of wisdom (pearls are the traditional gift for a 30<sup>th</sup> Anniversary!) We are excited about a wonderful networking and educational event.



[Click for a list of presenters and conference details.](#)

[CLICK HERE REGISTER NOW!](#)  
-online-



## CONVENTIONS AND SPEAKING ENGAGEMENTS

### WOTA Wisconsin Occupational Therapy Association

Appleton, WI - Oct 10 - 11, 2014

Conference Presenters:

Tami Goldstein and Michael Morgan, joint presentation - "CST as it Related to Autism and Longevity"

### AMTA New England Regional Conference

Framingham, MA - Mar 19 - 22, 2015

### AMTA Texas State Conference

Garland, TX - Mar 27 - 29, 2015

Presentation: CST Introduction

### AMTA Washington State Conference

Tacoma, WA - Apr 23 - 25, 2015

Presentation: CST Introduction

### AMTA New York State Conference

Tarrytown, NY - Apr 23 - 26, 2015

Presentation: CS1 or CS2

### Autism One 2015

Chicago, IL - May 20 - 24, 2015

Topic: CranioSacral Therapy and Autism

### Florida State Massage Therapy Association (FSMTA)

Orlando, FL - Jun 25 - 28, 2015

## WE ♥ HEARING FROM YOU!



About CS1 with Mariann Sisco, PT, CST-D in Philadelphia, PA

*Very thorough and packed with information. No fluff.*  
- Jennifer Benetato, LMT/LMSW

*This workshop was truly a learning experience and offered me an entire toolkit to begin practice with. Very grateful for that.*  
- Marla Kessler, Psychotherapist, LCSW

## CST AROUND THE GLOBE

Over 500 Classes Yearly!  
Thanks for Your Support.

SomatoEmotional Release 1 (SER1)

Instructor Suzanne Scurlock-Durana, CMT, CST-D  
July, 2014 - Big Sur, CA



[Click to enlarge](#)

### CST Touching the Brain 1: Practicum (CTTB1P)

August, 2014 - Cary, NC



[Click to enlarge](#)

### CranioSacral Applications for Conception, Pregnancy and Birthing 2 (CCPB2)

Instructor Carol McClellan, CMT, CST-D  
July, 2014 - St. Louis, MO

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With so much focus on each patient, it may be difficult to keep track of the business side of your manual therapy practice. In fact, quite a few manual therapists enter this field with little knowledge about business, and little desire to concentrate on basic business concepts.

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## CONGRATULATIONS

### Awards

Tami Goldstein receiving the Wisconsin AMTA Meritorious Award.



**Tami Goldstein, CST-D,**  
author of  
*Coming Through the Fog*

### Newly Certified

Patricia Quirini, Rome, Italy is now certified as a SER2 Instructor.

### New Instructor

Fernando Barea Pérez, DO - CS1 Instructor/Teacher, UI Granada, Spain.

### Milestones

Massage Therapists will celebrate the 18th Annual National Massage Therapy Awareness Week, Oct. 19-25th.

### Satellite Firsts

Minsk, Belarus will be hosting the first Upledger CranioSacral Therapy 1 Seminar in their country on November 20-23, 2014 and it will be taught by Rita Benamor from Portugal.

## NOW AVAILABLE CST logo for Certified Practitioners



We have received numerous requests from CST Certified Practitioners regarding a logo that could be used on their websites or printed materials to signify having achieved Certification. If you are certified and have not yet received the logo, please contact us at [info@upledger.com](mailto:info@upledger.com)

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